

# Not So Dirty Dancing

**COPPER** KNOB  
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Joni Duff (USA)

Musique: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



## MAMBO FORWARD, BACK, LEFT, RIGHT

- 1&2 Step left foot forward, step right foot in place, step left foot beside right foot  
3&4 Step right foot back, step left foot in place, step right foot beside left foot  
5&6 Step left foot to left side, step right foot in place, step left foot beside right foot  
7&8 Step right foot to right side, step left foot in place, step right foot beside left foot

## STEP, TURN ½ RIGHT, SHUFFLE ¼ TURN RIGHT

- 9-10 Step left foot forward, pivot ½ turn to right and step on right foot (weight on right foot)  
11 Step left foot forward starting ¼ turn to right  
& Step right foot next to left foot finishing turn  
12 Step left foot next to right foot

## ROCK BACK, FORWARD, SHUFFLE FORWARD

- 13 Step back on right foot  
14 Step left foot in place  
15 Step right foot forward  
& Step left foot next to right foot  
16 Step right foot forward

## LEFT LOCK STEP, LOCK SHUFFLE

- 17 Step left foot forward and at angle to left (about 11:00)  
18 Lock right foot behind left foot  
19&20 Step left foot forward, right foot behind left foot, left foot forward

## RIGHT LOCK STEP, LOCK SHUFFLE

- 21 Step right foot forward and at angle to right (about 1:00)  
22 Lock left foot behind right foot  
23&24 Step right foot forward, left foot behind right foot, right foot forward

## ½ VINE LEFT, SWAY SHOULDERS LEFT, RIGHT, LEFT

- 25 Step left foot to left  
26 Step right foot behind left foot  
27&28 Step left foot to left and sway your shoulders left, right, left

**Have fun with this by letting your body follow your shoulders so that your body has a ripple effect**

## ½ VINE RIGHT, SWAY SHOULDERS RIGHT, LEFT, RIGHT

- 29 Step right foot to right  
30 Step left foot behind right foot  
31&32 Step right foot to right and sway your shoulders right, left, right

**For beats 27&28 and 31&32, hip bumps can be substituted for the shoulder moves**

## REPEAT