

# Not Ashamed

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate cha cha



**Chorégraphe:** Zac Detweiller (USA)

**Musique:** No Shame - Jeff Bates

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## **SIDE LEFT, RIGHT BACK ROCK, TAP, STEP, RIGHT FORWARD TRIPLE, ROCK, RETURN, 1/2 FORWARD TRIPLE**

- 1-2 Step left to side, rock right behind left
- &3 Tap left to next to right toe, step left down
- 4&5 Step right forward, step left next to right, step right forward
- 6-7 Rock forward left, return right
- 8&1 Turning 1/2 left step left forward, turning 1/2 left step right back, turning 1/2 step left forward

## **1/4 LEFT SIDE ROCK, RETURN, WEAVE LEFT, LEFT SIDE ROCK, RETURN, CROSS, 1/4 RIGHT STEP, 1/4 RIGHT SLIDE**

- 2-3 Turning 1/4 left rock right to side, return left
- 4&5 Step right behind left, step left to side, cross right over left
- 6-7 Rock left to side, return right
- 8&1 Cross left over right, step right 1/4 right, turning 1/4 right make a large step left to side

## **RIGHT DRAG, RIGHT BALL CROSS, RIGHT KICK BALL CROSS, RIGHT SIDE POINT, FULL SYNCOPATED MONTEREY, LEFT SIDE POINT**

- 2 Drag right towards left
- &3 Step ball of right next to left, cross left over right
- 4&5 Kick right (45 degrees) to right, step right next to left, cross left over right
- 6-7 Point right to side, hold
- 8&1 Make a full turn right, step right next to left, point left to side

## **SYNCOPATED JAZZ, RIGHT CROSS TRIPLE, 1/2 RIGHT TURN, SIDE, TOGETHER**

- 2&3 Cross left over right, step right back, step left to side
- 4&5 Cross right over left, step left to side, cross right over left
- 6-7 Turning 1/4 right step left back, turning 1/4 right step right forward
- 8& Step left to side, step right next to left

**REPEAT**

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