

# Nostalgia

**COPPER** **NOB**  
STEPSHEETS

Compte: 64

Mur: 4

Niveau: Intermediate/Advanced

Chorégraphe: Deb Crew (CAN)

Musique: Bend It Until It Breaks - John Anderson



This is a very smooth and graceful dance that requires some practice. Start dance when the artist begins his lyrics. I have choreographed rolling vines for steps 13-16 and steps 29-32 but straight 4 beat vines may be substituted.

## ROCK-STEP; STEP ACROSS, BRUSH

- 1-2 Rock to side right on right foot, step in place on left  
3-4 Step right across left, brush the left

## LEFT VINE WITH ½ TURN LEFT, BRUSH RIGHT

- 5-6 Step side left, step right behind left  
7-8 Step ½ turn left on left foot, brush the right

## RIGHT VINE

- 9-12 Step side right on right foot, step left behind right, step side right, touch left beside left

## ROLLING LEFT VINE

- 13-16 Rolling left vine: step left, step right, step left - you should now have completed a full turn to the left in 3 counts - touch right beside left (weight on left)  
17-32 Repeat steps 1-16

## STEP FORWARD, TOGETHER, STEP FORWARD, TOUCH

- 33-34 Step forward on right, step left together with right  
35-36 Step forward on right, touch left beside right (weight on right)

## STEP BACK, TOGETHER, STEP BACK, TOUCH

- 37-38 Step back on left, step right together  
39-40 Step back on left, touch right to left (weight on left)

## STEP FORWARD, TOUCH, STEP BACK, TOUCH

- 41-42 Step forward on right, touch left heel forward  
43-44 Step back on left, touch right toe beside left (weight on left)

## BALL-CROSS, STEP SIDE, STEP BEHIND, BALL-CROSS

- &45 Small step to the right side on right foot, cross & step left over right (weight on left)  
46-47 Step side right, step left behind right  
&48 Small step to the right side on right foot, cross & step left over right (weight on left)

## STEP FORWARD, ½ TURN, ROCK-STEP, TURNING SHUFFLE

- 49-50 Step forward on the right, step ½ turn to the left on left foot  
51-52 Rock forward on right, step in place on left  
53&54 One 3-step shuffle while ½ turning to the right: right left right

## STEP FORWARD, ½ TURN, ROCK-STEP, TURNING SHUFFLE

- 55-56 Step forward on the left, step ½ turn to the right on right foot  
57-58 Rock forward on the left, step in place on the right  
59&60 One 3-step shuffle while ½ turning to the left: left right left

**STEP FORWARD, ½ TURN; STEP FORWARD ¾ TURN**

61-62 Step forward on the right, step ½ turn to the left on the left foot - pivoting on the right

63-64 Step forward on the right, step ¾ turn to the left on the left - pivoting on the right (weight on left)

**REPEAT**

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