

Nobody For My Own

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Gary Steele (UK)

Musique: Lonely - Akon



TOUCH, TOUCH, CHASSE, BEHIND-SIDE CROSS, SIDE ROCK CROSS

- 1-2 Touch right toe to right side, touch right toe forward
- 3&4 Right side, together, side
- 5&6 Left behind, side right, left cross over right
- 7&8 Right side rock, recover, cross right over left

TOE STRUT TWICE, SIDE ROCK, ½ SHUFFLE

- 1-2 Right cross toe, heel
- 3-4 Left side toe, heel
- 5-6 Left side rock, recover
- 7&8 ½ shuffle over left shoulder (left, right, left)

ROCK, RECOVER, SHUFFLE BACK, COASTER STEP, HIP BUMPS

- 1-2 Rock forward on right, recover weight onto left
- 3&4 Shuffle back on right (right, left, right)
- 5&6 Left coaster step (step left back, close right next to left, step left forward)
- &7&8 Step right foot forward making hip bumps right, left, right, left

SHUFFLE, SWEEP ¾ TURN, TOUCH AND STEP, BACK ROCK

- 1&2 Shuffle forward right, left, right
- 3-4 Sweep left foot out and round for a ¾ turn right
- 5&6 Touch left toe forward, touch in place, step left to left side
- 7-8 Rock back onto right foot, recover weight onto left

REPEAT
