

No Way Out

Compte: 64

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Lana Harvey (USA)

Musique: I Know a Wall When I See One - Toby Keith

FORWARD SHUFFLE, HALF TURNS FORWARD, ROCK RECOVER, HALF TURNS BACK

- 1&2 Shuffle forward left-right-left
- 3 Pivoting on ball of left ½ left, step right back
- 4 Pivoting on ball of right ½ left, step left forward
- 5-6 Rock forward onto right, recover weight to left
- 7 Pivoting on ball of left ½ right, step right forward
- 8 Pivoting on ball of right ½ right, step left back

BACK COASTER, SHUFFLE FORWARD, ½ SPIN, ¼ TURNING SHUFFLE

- 9&10 Step right back, step left next to right, step right forward
- 11&12 Shuffle forward left-right-left
- 13-14 Cross right over left, spin ½ turn left weight ending on right
- 15-16 Shuffle left-right-left turning ¼ left

SIDE, HOLD, CROSS ROCK, SIDE, TOGETHER, SIDE, CROSS KICK

- 17-18 Step right to right side, hold
- 19-20 Cross rock left over right, recover weight to right
- 21-22 Step left to left, slide and step right next to left
- 23-24 Step left to left, kick right forward toward left corner

FRONT CROSS, BACK, ¼ TURN, ¼ TURN, CROSS BEHIND, ¼ TURN, ½ PIVOT

- 25-26 Cross step right over left, step back on left
- 27-28 Step right ¼ to right, step left ¼ to right
- 29-30 Cross step right behind left, step left ¼ to left
- 31-32 Touch right toe forward, pivot ½ turn left weight ending on left

SIDE SHUFFLE, CROSS ROCK, ¼ TURN, ½ TURN, LEFT BACK COASTER

- 33&34 Shuffle right-left-right to right side
- 35-36 Cross rock left over right, recover weight on right
- 37-38 Step forward on left ¼ to left, step back on right ½ left
- 39&40 Step left back past right, step right next to left, step forward on left

FORWARD LOCK, FORWARD SHUFFLE, ½ PIVOT, ¼ PIVOT

- 41-42 Step forward on right, step left behind and slightly to right of right
- 43&44 Shuffle forward right-left-right
- 45-46 Touch left toe forward, pivot ½ right, weight ending on right
- 47-48 Touch left toe forward, pivot ¼ right, weight ending on right

SIDE SHUFFLE, CROSS ROCK, ¼ TURN, ½ TURN, RIGHT BACK COASTER

- 49&50 Shuffle left-right-left to left side
- 51-52 Cross rock right over left, recover weight on left
- 53-54 Step forward on right ¼ right, step back on left ½ right
- 55-56 Step right back past left, step left next to right, step forward on right

FORWARD LOCK, FORWARD SHUFFLE, ½ PIVOT, CROSS, ¼ SPIN

- 57-58 Step forward left, step right behind and slightly to left of left

59&60 Shuffle forward left-right-left
61-62 Touch right toe forward, pivot $\frac{1}{2}$ left, weight ending on left
63-64 Cross right over left, make $\frac{3}{4}$ spin left, weight ending on right

REPEAT
