

No More Bad Days

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Eric Tan (SG)

Musique: Bad Day - Daniel Powter



STEP RIGHT TO SIDE, CROSS ROCK, SCISSOR STEP, ¾ TURN LEFT STEPPING RIGHT LEFT, ½ TURN LEFT STEP RIGHT BACK, COASTER STEP, ¾ TURN LEFT STEPPING RIGHT LEFT

- 1 Step right to side
- 2& Cross left over right, recover weight on right
- 3&4 Step left to side, step right beside left, cross left over right
- &5 Turning ¼ left step right back, turning ½ left step left forward
- 6 Turning ½ left step right back
- 7&8 Step left back, step right beside left, step left forward
- &1 Turning ½ left step right back, turning ¼ left step left to side

KICK BALL CROSS, STEP RIGHT, KICK BALL CROSS, STEP ¼ TURN LEFT, CROSS ROCK, SIDE ROCK, STEP RIGHT BIG STEP BACK

- 2&3& Kick right forward, step right slightly back, cross left over right, step right to side
- 4&5 Kick left forward, step left slightly back, cross right over left
- 6 Turning ¼ left step left forward
- 7&8& Cross rock right over left, recover on left, rock right to side, recover on left
- 3rd restart on wall 7 after counts 8&, step right to side to start dance on count 1 from the beginning**
- 1 Step right a big step back dragging left towards right

COASTER, FORWARD LOCK STEP, STEP RIGHT FORWARD, PIVOT ¼ LEFT, CROSS & HEEL, STEP BACK, CROSS SHUFFLE

- 2& Step left back, step right next to left
- 3&4 Step left forward, lock right behind left, step left forward
- &5 Step right forward, pivot ¼ left stepping on left
- 6&7& Cross right over left, step left diagonally back, touch right heel forward, step right slightly back
- 8 Cross left over right
- 2nd restart on wall 6 after count 8, step right to side to start dance on count 1 from the beginning**
- &1 Step right to side, cross left over right

SIDE ROCK, BEHIND, STEP ¼ LEFT, RIGHT CHASSE, CROSS HITCH, WEAWE, SAILOR STEP

- 2&3& Rock right to side, recover on left, step right behind left, turning ¼ left step left forward
- 4&5 Step right to side, step left beside right, step right to side
- 1st restart on wall 3 after counts 4&, step right to side to start dance on count 1 from the beginning**
- 6&7& Hitch left knee across right, step left to side, step right across left, step left to side
- 8&1 Step right behind left, step left to side, pushing on left step right long step to side to start dance again

REPEAT

RESTART

On wall 3, restart after counts 28& (9:00)

On wall 6, restart after count 24 (9:00)

On wall 7, restart after counts 16& (6:00)

ENDING

As the music fades continue dancing till you face the front wall with the right chasse (28&29)

This dance is dedicated to The Wild West Singapore on their 5th Anniversary Celebration

