The Nightlife Slide

Niveau:

Chorégraphe: Wayne Chitenden

Compte: 40

Musique: I Love the Nightlife - Scooter Lee

SCUFF & CROSS

- 1-2-3-4 Scuff left forward, cross over right foot, in place, together, (left, left, right, left)
- 5-8 Scuff right foot forward, cross over left foot, turn ½ left (unwind), hold & clap hands. (right, right, both)

TOE-HEEL WALKS

- 9-12 Step forward with left toe, lower onto heel, step forward with right toe, lower onto heel (left, left, right, right)
- 13-16 Toe heel walks: step forward left toe, lower onto heel, step forward & turn ½ to left, hold with weight on right (left, left, right, hold)

BOUNCES AND TOUCHES:

- 17-20 Bounce left heel twice, bounce right heel twice (left, left, right, right)
- 21-24 Foot switches similar to tush push: touch right heel forward, quickly bring together & touch left heel forward, quickly bring together & touch right heel forward, clap hands as you put weight on right foot (right, left, right, right)

FORWARD GRAPEVINE

25-28 Scuff left foot forward, step forward, cross behind, step forward (left, left, right, left)

FORWARD GRAPEVINE

29-32 Scuff right foot forward, step forward, cross behind, step forward (right, right, left, right)

GRAPEVINE LEFT

33-36 Scuff left foot forward, step side, cross behind, step side & turn ¼ left (left, left, right, left) 37-40 Scuff right foot forward, step back, step back, step together & clap (right, right, left, right)

REPEAT





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