

# Nada Lotta Conga (P)

Compte: 64

Mur: 0

Niveau: Partner



Chorégraphe: Joyce Warren (USA)

Musique: Little Bit Is Better Than Nada - Texas Tornados

**Position: Begin in Conga style, man behind the lady, both hands at lady's hips**

## CONGA STEPS FORWARD

1-4 Both step forward left, right, left, touch right toe side right  
5-8 Both step forward right, left, right, touch left toe side left

1-4 Both step forward left, right, left, touch right toe side right  
5-7 Both step forward right, left, right  
8 **MAN:** Touch left next to right  
**LADY:** Step on left next to right

## TWO SHIMMIES

17-20 **MAN:** Step side left, slowly bring right foot to step next to right (join man's right hand to lady's left)  
**LADY:** Step side right, slowly bring left foot to step next to left  
21-24 **MAN:** Step side left, slowly bring right foot to touch next to right  
**LADY:** Step side right, slowly bring left foot to touch next to left

## REVERSE SLIDING DOORS

25-28 **MAN:** Moves in front of lady on right, left, right, touch left next to right (release lady's left hand, join man's left to lady's right)  
**LADY:** Moves behind man on left, right, left, touch right next to left  
29-32 **MAN:** Moves behind lady on left, right, left, touch right next to left (release lady's right hand, join man's right to lady's left)  
**LADY:** Moves in front of man on right, left, right, touch left next to right

## PROMENADE CONGA STEPS FORWARD, ¼ TURN

33-36 **MAN:** Step forward on right, left, right, touch left toe side left  
**LADY:** Step forward on left, right, left, touch right toe side right  
37-40 **MAN:** Step forward on left, right, left, touch right toe side right  
**LADY:** Step forward on right, left, right, touch left toe side left  
41-44 **MAN:** Step forward on right, left, right, touch left toe side left  
**LADY:** Step forward on left, right, left, touch right toe side right  
45-48 **MAN:** Step forward on left, right, left, pivot turn ¼ right (toward partner) step on right  
**LADY:** Step forward on right, left, right, pivot turn ¼ left (toward partner) step on left (now facing in double hand hold)

## 8 COUNT VINE, ¼ TURN, KICK

49-52 **MAN:** Step side left, behind on right, side left, across on right  
**LADY:** Step side right, behind on left, side right, across on left  
53-56 **MAN:** Step side left, behind on right, side left, turn ¼ right kick left heel forward  
**LADY:** Step side right, behind on left, side right, turn ¼ left kick right heel forward (facing reverse LOD, man's left hand to lady's right)

## ½ TURN WINDING WALK, SHIMMY

57-60 **MAN:** Steps right, left, right, touch left, turning ½ left under his left arm to face forward LOD

61-64 **LADY:** Steps left, right, left, touch right, moving around man, raising her right arm to allow him to pass under, to face forward LOD (lady on inside, man on outside)  
**MAN:** Steps side left, slowly sliding right foot to step next to left  
**LADY:** Steps side right, slowly sliding left foot to touch next to right (both have weight on right) (Back in conga style)

**REPEAT**

**When dance is done to "Little Bit Is Better Than Nada" a 12-count break is inserted after each 2 sequences:**

1-4 Step forward on left, rock back on right, step on left next to right, hold  
5-8 Step forward on right, rock back on left, step on right next to left, hold  
9-12 Step forward on left, rock back on right, touch left next to right, hold

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