

My Life

Compte: 40

Mur: 4

Niveau: Improver

Chorégraphe: Sharon Oliver (UK)

Musique: The Story Of My Life - Dave Sheriff



RIGHT VINE, TOUCH, TOUCH OUT, CROSS UNWIND ½ TURN RIGHT WITH HEEL BOUNCES

- 1-2 Step right to right to right side, cross left behind right
- 3-4 Step right to right side, touch left beside right
- 5-6 Touch left out to left side, cross left over right
- 7-8 Unwind ½ turn left bouncing both heels twice

RIGHT KICK BALL CHANGE, ROCK, ROCK, ½ TURN SHUFFLE, ROCK, ROCK

- 9&10 Kick right forward, step right beside left, step left in place
- 11-12 Rock forward on right, rock back onto left
- 13&14 ½ turn right stepping right, left, right
- 15-16 Rock forward on left, rock back onto right

COASTER, ROCK, ROCK, COASTER, LEFT VINE TOUCH

- 17&18 Step back left, step right beside left, step left forward
- 19-20 Rock forward on right, rock back onto left
- 21&22 Step back right, step left beside right, step forward right
- 23-24 Step left to left side, cross right behind left
- 25-26 Step left to left side, touch right beside left

TOUCH OUT, CROSS UNWIND ½ TURN LEFT WITH HEEL BOUNCES

- 27-28 Touch right out to right side, cross right over left
- 29-30 Unwind ½ turn left bouncing both heels twice

LEFT KICK BALL CHANGE, LEFT FORWARD SHUFFLE

- 31&32 Kick left forward, step right beside left, step left in place
- 33&34 Step forward left, step right beside left, step forward left

¼ STEP PIVOT LEFT, CROSS SHUFFLE, CROSS UNWIND ½ TURN RIGHT

- 35-36 Step forward on right pivot ¼ turn left
- 37&38 Cross right over left, step left to left side, cross right over left
- 39-40 Cross left over right, unwind ½ turn right

REPEAT
