

# My Heart

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Lonewolf

**Musique:** Open Season On My Heart - Tim McGraw

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## **SIDE SHUFFLE, CROSS, FULL TURN, SIDE SHUFFLE, CROSS, FULL TURN**

- 1&2 Right side shuffle (right-left-right)
- 3-4 Step crossing left over right, unwind full turn right (keep feet in place and pivot weight on right)
- 5&6 Left side shuffle (left-right-left)
- 7-8 Step crossing right over left, unwind full turn left (keep feet in place and pivot weight on left)

## **SIDE ROCK, RECOVER, ¾ TURN, KICK, COASTER, SIDE STEP, PIVOT AND TOUCH**

- 9-10 Side rock right, recover on left
- 11-12 Pivot ¾ turn left on ball of left foot, kick right foot forward (3:00)
- 13&14 (Coaster step) step back on right, step together on left, step forward on right
- 15-16 Step left foot to left side, pivot ¼ left on ball of left and touch right beside left (6:00)

## **SHUFFLE FORWARD, ROCK, RECOVER, ROCK, RECOVER, SHUFFLE BACK**

- 17&18 Shuffle forward (right-left-right)
- 19-20 Left foot rock forward, recover on right
- 21-22 Left foot rock forward, recover on right
- 23&24 Shuffle back (left-right-left)

## **ROCK, RECOVER, ROCK, RECOVER, CROSS, UNWIND ¾, STEP, HOLD**

- 25-26 Right foot rock back, recover on left
- 27-28 Right foot rock back, recover on left
- 29-30 Step crossing right over left, unwind ¾ turn left with weight on right and left toe forward
- 31-32 Step down on left shifting weight forward to left, hold

**REPEAT**

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