

# My Heart

Compte: 36

Mur: 4

Niveau: Improver

Chorégraphe: Allan Watson (AUS)

Musique: Under the Influence of Love - Gina Jeffreys



## 2 RIGHT KICK-BALL CHANGES

- 1&2 Kick right foot forward, step right, left on spot  
3&4 Kick right foot forward, step right, left on spot

## MONTEREY TURN RIGHT

- 1-2 Touch right toe to right side, together  
3-4 Turn ½ left, toe to left side, together  
5-6 Touch right toe to right side, together  
7-8 Turn ½ left, toe to left side, together

## RIGHT SHUFFLE FORWARD, ROCK FORWARD LEFT, BACK RIGHT

- 1&2 Step right forward, bring left behind, step right forward  
3-4 Step forward on left locking forward, step back on right rocking back

## LEFT SHUFFLE FORWARD, ROCK BACK RIGHT, FORWARD LEFT

- 1&2 Step left back, bring right behind, step right forward  
3-4 Step back on right, rocking backward, step forward on left, rocking forward

## RIGHT SIDE SHUFFLE, ROCK RIGHT, LEFT

- 1&2 Step right to right, step left beside right, step right to right  
3-4 Step left back and behind right rocking to right, rock forward onto right taking weight

## LEFT SHUFFLE FORWARD, ¼ TURN LEFT, PIVOT

- 1&2 Step left forward, bring right to left, step left forward  
3-4 Right toe forward, ¼ turn left on ball of left foot

## DOUBLE HIP BUMPS FORWARD, DOUBLE HIP BUMPS BACK

- 1&2 Bump hips forward twice  
3&4 Bump hips back twice

## SINGLE HIP BUMPS

- 1-2 Bump hips forward, bump hips back  
3-4 Bump hips forward, bump hips back

## REPEAT

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