

# My Head Is In A Spin

Compte: 64

Mur: 4

Niveau: Advanced



Chorégraphe: Val Reeves (UK)

Musique: Feels Like I'm In Love - Elli Luha

- 1-2 Rock right across left, rock back on left  
3&4 Turning  $\frac{1}{4}$  turn right triple step right, left, right  
5-6 Left rock forward, rock back on right  
7&8 Left coaster step (left step back, right step beside left, left step forward)
- 9-10 Right heel tap forward, hook under left knee  
11&12 Right shuffle forward  
13-14 Left rock forward, right rock back  
15&16 Left step back, lock right across left, left step back
- 17-18 Turning  $\frac{1}{2}$  turn right step onto right, left step forward, pivot turn  $\frac{1}{2}$  turn right  
19 Right step forward  
20&21 Left shuffle forward  
22-23 Right rock forward, left rock back  
&24 Right step back, stomp left forward
- 25-26 Left hip bumps forward twice  
27-28 Right hip bumps back twice  
29-30 Left hip bumps forward twice  
31-32 Bump hips back right then forward left
- 33-34 Right rock forward, left rock back  
35&36 Turn  $\frac{1}{2}$  turn right, triple step (right, left, right)  
37-38 Left step forward, pivot turn  $\frac{1}{4}$  turn right  
39&40 Left shuffle across right
- 41&42 Turning  $\frac{1}{2}$  turn left on right triple step  
43-44 Left rock to left, rock on right  
45&46 Left step behind right, right step right, left step forward  
47&48 Right step behind left, left step left, right step forward
- 49&50 Left step behind right, right step right, left step forward  
51-52 Right step behind left, pivot on ball of right foot turning  $\frac{1}{4}$  right, left step forward  
53&54& Right heel forward, bring right back, left heel forward, left back  
55&56 Right shuffle across left
- 57&58& Left heel forward, bring left back, right heel forward, right back  
59&60 Left shuffle across right  
61-62 Rock to right side, rock on left  
63-64 Right step forward, pivot turn  $\frac{1}{2}$  turn left (take weight on left)

**REPEAT**