

# My Country Angel

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Fred Buckley (CAN)

Musique: The City Put the Country Back In Me - Neal McCoy



## SHUFFLE RIGHT, ROCK BACK, RECOVER

- 1&2 Step right foot to right, step left foot beside right, step right foot to right  
3 Rock back left  
4 Recover right

## SHUFFLE LEFT, ROCK BACK, RECOVER WITH ¼ TURN RIGHT

- 5&6 Step left foot to left, step right foot beside left, step left foot to left  
7 Rock back right  
8 Recover left

## RIGHT HIP BUMPS (4) & LEFT HIP GRINDS (2)

- 9-12 Lean forward lightly on ball of right foot & bump hips to right -4 times  
13-16 Shift weight to left and do 2 hip rolls to the left (2 counts each) ending by shifting weight to right foot

## COASTER STEP, CROSS, UNWIND ½ TURN LEFT

- 17&18 Step back left foot, step right foot beside left, step forward on left foot  
19 Cross right foot in front of left  
20 Unwind ½ turn left (shift weight to right foot)

## KICK BALL CHANGE, CROSS, UNWIND ½ TURN RIGHT

- 21&22 Kick left foot forward, step on ball of left foot, step on right foot  
22 Cross left foot in front of right foot  
23 Unwind ½ turn right (weight is on left foot)

## WALK FORWARD, KICK, WALK BACK/SYNCOPATED BALL CROSS

- 25-28 Walk forward right-left-right, kick left foot forward  
29-31 Walk back left-right-left  
&32 Step back on ball of right foot & quickly step left foot across right foot (shifting weight to left foot)

## RIGHT TOE, RIGHT HEEL (SUGARFOOT), HEEL TOE SWIVELS TRAVELING RIGHT (THE DWIGHT)

- 33-34 Touch right toe to left instep with knee pointing left-hold  
35-36 Touch right heel to left instep with knee pointing right-hold

### Weight on left foot traveling right for the next 4 counts

- 37 Swivel left heel right, touch right toes together  
38 Swivel left toes right and touch right heel together  
39 Swivel left heel right, touch right toes together  
40 Swivel left toes right and touch right heel together

## TOE-HEEL CROSS & SIDE STRUTS

- 41-42 Cross right toe over left foot, step down on right heel  
43-44 Step left toe left, step down on left heel  
45-46 Cross right toe over left foot, step down on right heel  
47-48 Step left toe left, step down on left heel

## REPEAT

