

My Angel

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Jan Brookfield (UK)

Musique: Angel - Lionel Richie



SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1-2 Step right to right, rock weight onto left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Step left to left, rock weight onto right
- 7&8 Cross left over right, step right to right, cross left over right

FULL TURN RIGHT, ¼ RIGHT SHUFFLE, ROCK STEP, COASTER STEP

- 1-2 Full turn right, stepping right & left
- 3&4 Step right ¼ turn right, close left next to right. Step forward on right
- 5-6 Rock forward on left, rock back on right
- 7&8 Step back on left, step right next to left, step forward left

½ TURN LEFT, RIGHT SHUFFLE ½ TURNING SHUFFLE, BACK ROCK

- 1-2 Step forward on right, pivot ½ turn left
- 3&4 Step forward on right, close left next to right, step forward on right
- 5&6 Step left ¼ turn right, step left next to right, step left ¼ turn right
- 7-8 Step back on right, rock weight onto left

¼ TURN SIDE SHUFFLE, CROSS BEHIND, UNWIND ½ TURN, HIP BUMPS

- 1&2 Step right ¼ turn left, step left next to right, step right to right
- 3-4 Cross left behind right, unwind ½ turn left
- 5&6 Step right diagonally forward bumping hips right, left, right
- 7&8 Step left diagonally forward bumping hips left, right, left

REPEAT
