

Mustang Sally

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Roy Verdonk (NL) & Mattias Perkio (NL)

Musique: Mustang Sally - The Commitments



WALKS TWICE, ANCHOR STEP, SWEEPS BACKWARDS, ¼ TURN LEFT, COASTER STEP

- 1-2 Step forward on right foot, step forward on left foot
3&4 Step right foot behind left foot (3rd pos) & step left foot in place on the spot, step right foot in place on the spot while sweeping left foot front to back
5 Step left foot backwards while sweeping right foot from front to back
6& Step right foot backwards while sweeping left foot from front to back & make a ¼ turn left on ball of right foot
7&8 Step back on left foot & close right foot next to left foot, step forward onto left foot

DIAGONAL STEPS TWICE RIGHT, TWICE LEFT(SHAKE EVERYTHING YOU GOT ON THESE DIAGONAL STEPS)

- 1-2 Step right foot diagonally forward (10;30), step left foot next to right foot
3-4 Step right foot diagonally forward (10;30), touch left foot next to right foot
5-6 Step left foot diagonally forward (7;30), step right foot next to left foot
7-8 Step left foot diagonally forward (7;30), touch right foot next to left foot

JUMP OUT AND CROSS, ½ TURN LEFT, WALKS RIGHT, LEFT, SAILOR STEP WITH ½ TURN RIGHT

- &1&2& Step right foot out to right side, step left foot out to left side & step left foot in again, cross right foot over left foot
3-4 Start turning ½ turn left on balls of both feet, finish turn (weight ends on left foot)
5-6 Step forward on right foot, step forward on left foot
7&8 Step right foot behind left foot making a ¼ turn right & make a ¼ turn left while stepping left foot to left side, step forward on right foot

WALKS X4(OPTIONAL BOOGIE WALKS, ROLLING KNEES OUT), JUMP OUT, HEEL TAPS X3

- 1-2 Step forward on left foot, step forward on right foot
3-4 Step forward on left foot, step forward on right foot
&5& Step left foot to left side, step right foot to right side
6-7-8 Tap both heels on the floor 3 times (weight ends on left foot)

REPEAT