

# Mr. Lonely

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Bill Larson (AUS)

Musique: Lonely - Akon



## STEP SLIDE SHUFFLE, TURN STEP SLIDE SHUFFLE

- 1-2 Turning  $\frac{1}{4}$  right step right forward, slide left up beside right (3:00)
- 3&4 Step right forward, slide left up beside right step right forward
- 5-6 Turning  $\frac{1}{2}$  left step left forward, slide right up beside left (9:00)
- 7&8 Step left forward, slide right up beside left step left forward

## SKATE SKATE SHUFFLE, SKATE SKATE SHUFFLE

- 1-2 Turning  $\frac{1}{4}$  right skate right forward diagonally right, skate left forward diagonally left
- 3&4 Shuffle forward diagonally right: right-left-right
- 5-6 Skate left forward diagonally left, skate right forward diagonally right
- 7&8 Shuffle forward diagonally left: left-right-left

## FORWARD ROCK TURN, CROSS BALL HEEL & CROSS BALL HEEL

- 1-2 Step right forward, rock back onto left
- 3&4 Turning  $\frac{3}{4}$  right triple step on the spot: right-left-right
- 5&6 Cross left over right, step right to side, tap left heel diagonally left
- & Step left beside right
- 7&8 Cross right over left, step left to side, tap right heel diagonally right

## & FORWARD ROCK TURN, CROSS BALL HEEL & CROSS BALL HEEL

- &1-2 Step right beside left, step left forward, rock back onto right
- 3&4 Turning  $\frac{3}{4}$  left triple step on the spot: left-right-left
- 5&6 Cross right over left, step left to side, tap right heel diagonally right
- & Step right beside left
- 7&8 Cross left over right, step right to side, tap left heel diagonally left

## & CROSS ROCK & CROSS ROCK, CROSS WEAVE & CROSS ROCK

- &1-2 Step left beside right, cross right over left, rock onto left
- &3-4 Step right beside left, cross left over right, rock weight onto right
- & Step left beside right
- 5&6 Cross right over left, step left to side, step right behind left
- &7-8 Step left to side, cross right over left, rock onto left

## CROSS ROCK & CROSS ROCK, CROSS WEAVE & CROSS ROCK

- &1-2 Step right beside left, cross left over right, rock onto right
- &3-4 Step left beside right, cross right over left, rock weight onto left
- & Step right beside left
- 5&6 Cross left over right, step right to side, step left behind right
- &7-8 Step right to side, cross left over right, rock onto right

## & STEP PIVOT & TURN & TURN, BACK ROCK SHUFFLE

- & Turning  $\frac{1}{4}$  left step left forward
- 1-2 Step right forward, pivot  $\frac{1}{2}$  turn left weight on left
- &3 Rock back onto right with a  $\frac{1}{2}$  turn left, step left forward (push off left foot)
- &4 Rock back onto right with a  $\frac{1}{2}$  turn left, step left forward (push off left foot)
- &5-6 Rock back onto right, step left back, rock forward onto right

7&8 Shuffle forward: left-right-left

**FORWARD ROCK 1&½ TURN, FORWARD ROCK BALL TURN, FULL TURN**

1-2 Step right forward, rock back onto left with ½ turn right  
3& Step right forward with ½ turn right, step left back with ½ turn right  
4 Step right forward  
5-6 Step left forward, rock back onto right  
& Turning ¼ left step left to side  
7-8 Turning ½ left step right to side, turning ½ left step left to side

**REPEAT**

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