

# Movin' On

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Phil Carpenter (UK)

**Musique:** No One Needs to Know - Shania Twain

## **LEFT ROCK FORWARD, RECOVER, COASTER CROSS, SIDE, BEHIND, CHASSE TO RIGHT**

- 1-2 Left rock forward, right recover weight back  
3&4 Left step back, right step together with left, left cross over right  
5-6 Right step to right side, left cross behind right  
7&8 Right step to right side, left close next to right, right step to right side

## **TOUCH TOE, HEEL DIG WITH ¼ TURN LEFT, LEFT SHUFFLE FORWARD, ROCK FORWARD, RECOVER BACK, TOUCH BACK, ½ TURN RIGHT**

- 9 Left foot touch toe next to right instep while turning body diagonally right  
10 Left heel dig while turning body ¼ turn left to face 9'o clock wall  
11&12 Left step forward, right step next to left, left step forward  
13-14 Right foot rock forward, recover weight on left  
15-16 Right foot touch back, ½ turn right transferring weight onto right

## **SWIVEL ½ TURN LEFT, SWIVEL ½ TURN RIGHT, LEFT STEP FORWARD, PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD, STEP TO RIGHT SIDE, HOLD**

- 17-18 Swivel ½ turn left, swivel ½ turn right  
**For those dancers who do not wish to do the swivel turns on step 17-18, replace with rock back on the left, rock forward on the right**  
19-20 Left step forward, pivot ½ turn right (weight ends on right)  
21&22 Left step forward, right step beside left, left step forward  
23-24 Right step to right side, hold

## **LEFT CROSS, POINT RIGHT, RIGHT CROSS, UNWIND ½ TURN LEFT, LEFT KICK BALL WITH ¼ TURN TOUCH, RIGHT KICK BALL WITH ¼ TURN TOUCH**

- 25-26 Left cross over right (weight on left), touch right toe to right side  
27-28 Right cross over left, unwind ½ turn left  
29 Kick left forward  
& Step back on the ball of left while making ¼ turn left  
30 Touch right next to left (weight on left)  
31 Kick right forward  
& Step back onto the ball of right foot while making ¼ turn left  
32 Touch left next to right (weight on right)

**REPEAT**