

# Move Your Feet

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate contra dance



**Chorégraphe:** Leanne Jayne Priestley (UK)

**Musique:** Move Your Feet - Junior Senior

## **SIDE, TOGETHER, CHASSE**

- 1-2 Left step to side, right step beside left  
3&4 Left step to side, right step beside left, left step to side

## **ROCK, HOLD, CHASSE AND TURN**

- 5-6 Right rock back, hold (clap)  
&7&8 Replace weight to left, right step to side, left step beside right, right step ¼ right

## **ROCK, BACK SHUFFLE**

- 9-10 Left step forward, replace weight to right foot (rock back)  
11&12 Left step back, right step beside left, left step back

## **TURNING SHUFFLE**

- 13&14 Right step ¼ to right, left step beside right, right step ¼ to right

## **LEFT TOUCH TWICE, SHUFFLE, RIGHT TOUCH TWICE, SHUFFLE**

- 15-16 Touch left out to side, touch left beside right  
17&18 Left step forward, right step beside left, left step forward  
19-20 Touch right out to side, touch right beside left  
21&22 Right step forward, left step beside right, right step forward

## **SIDE, HOLD, PIVOT ½ TURN, CHASSE**

- 23-24 Step left to side (leaning to left), hold  
&25&26 Pivoting on ball of left foot turn ½ right, right step to side, left step beside right, right step to side

## **CROSS ROCK**

- 27&28 Cross left over right, replace weight to right, step left beside right

## **HITCH TURN TWICE**

- 29&30& Hitch right, pivoting ½ turn to left on ball of left foot, touch right to side, hitch right, pivoting ½ turn to left on ball of left foot, touch right to side

**Alternative: cross right over left, unwind 1 full turn to left**

## **FORWARD, HOLD, TOGETHER, HOLD, SIDE, STOMP TWICE**

- 31-34 Touch right forward, hold, touch right beside left, hold  
35-36 Touch right to side, stomp right beside left  
37-40 Touch left forward, hold, touch left beside right, hold  
41-42 Touch left to side, stomp left beside right

## **SAILOR STEPS**

- 43&44 Step right behind left, step left to side, step right to side  
45&46 Step left behind right, step right to side, hitch left  
47-48 Touch left forward, touch left beside right

## **REPEAT**

