

Move In My Direction

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Enrico Adler (DE)

Musique: Move in My Direction - Bananarama

WALK, WALK, KICK BALL CROSS, ¼ TURN STEP FORWARD, ¼ TURN STEP SIDE, SAILOR STEP ¼ TURN

- 1-2 Right foot step forward, left foot step forward
- 3&4 Right foot kick, right foot close next to left foot, left foot cross over right foot
- 5-6 ¼ turn right with right foot step forward, ¼ turn right step left foot to left side
- 7&8 Right foot cross behind left foot, start turning ¼ turn right step left foot slightly back, finish ¼ turn right with right foot step forward

KICK & POINT SWITCHES, ½ TURN LEFT, COASTER STEP

- 1&2 Left foot kick forward, left foot cross over right foot, right foot point to right side
- &3& Right foot close next to left foot, left foot point to left side, left foot close next to right foot
- 4&5 Right foot kick forward, right foot cross tight over left foot, left foot point back
- 6 Sharp ½ turn left (weight is on right foot)
- 7&8 Left foot step back, right foot close next to left foot, left foot step forward

ROCK, RECOVER, TRAVELIN ½ TURN LEFT, SHUFFLE LEFT FORWARD, HEEL DIG, HITCH, STEP BACK

- 1-2 Right foot step forward, recover weight on left foot
- 3&4 Start turning ½ turn left right foot step back, keep turning left foot step left, finish ½ turn left with right foot step forward
- 5&6 Shuffle forward left, right, left
- 7&8 Right foot heel-dig forward, hitch right knee, right foot step back

POINT BACK, ¼ TURN LEFT, SNAKE ROLL, BEHIND, SIDE, STEP FORWARD, ¾ TURN LEFT, TOUCH

- 1-2 Left foot point back, ¼ turn left snake roll left (body roll to left side)
- 3&4 Right foot cross behind left foot, left foot step to left side, right foot step forward
- 5-6 Left foot step forward, ½ turn left right foot step back
- 7-8 ¼ turn left with left foot step to left side, touch right foot next to left foot

REPEAT
