

Moulin Rouge Shuffle

Compte: 64

Mur: 4

Niveau: Improver



Chorégraphe: Raymond Crum Jr. (USA)

Musique: Lady Marmalade (Moulin Rouge Remix) - Christina Aguilera, Pink, Mya And Lil' Kim

3 WALKS FORWARD, TUSH PUSH KICKS, TOUCH BEHIND

1-2-3-4 Walk right, walk left, walk right, touch left heel forward

&5&6&7&8 Switch weight bring right heel forward, switch weight bring left heel forward, switch weight bring right heel forward, switch weight to bring left toe touch behind right

¼ TURN RIGHT HOLD, JUMP 3X TO THE LEFT TO A ½ TURN, MAMBO RIGHT, MAMBO LEFT

1-2-3&4 Step left into a ¼ turn right. Hold count 2, 3 little jumps making a ½ turn to the left

5&6-7&8 Mambo right side together, mambo left side together

MAMBO FORWARD, ¼ TURN SLIDE, SNAKE TO RIGHT, SNAKE TO LEFT

1&2-3-4 Rock right forward, step left in place, step right beside left, slide to left while doing a ¼ turn left, bringing right together

5&6-7&8 Roll or snake to the right, roll or snake to the left

SHUFFLE FORWARD, SWEEP ½ TURN RIGHT, HEEL JACK, OUT OUT, THRUST HIPS 2 TIMES

1&2-3-4 Shuffle forward right, foot, right, sweep left around to the right touching left beside right

&5&6-7-8 Step right back bringing left heel forward, step left out step right out, bump hips forward 2 times (with weight on the left foot)

LINDY RIGHT, ROCK LEFT BEHIND RIGHT, VINE LEFT WITH A ¼ TURN SHUFFLE LEFT

1&2-3-4 Shuffle sideways right, left, right, rock left behind right, step right forward

5-6-7&8 Step left to left side, step right behind left, shuffle left right left while doing a ¼ turn left

½ TURN LEFT, SHUFFLE RIGHT-LEFT-RIGHT, ½ TURN RIGHT SHUFFLE LEFT-RIGHT-LEFT

1-2-3&4 Step right forward, pivot ½ turn left, shuffle right-left-right

5-6-7&8 Step left forward, pivot ½ turn right shuffle left-right-left

STEP TOUCHES, FORWARD

1-2-3-4 Step right forward, touch left beside right, step left forward, touch right beside left

5-6-7-8 Step right forward, touch left beside right, step left forward, touch right beside left

TURNING JAZZ BOX WITH ¼ TURN RIGHT 2 TIMES

1-2-3-4 Cross right over left, step left backward, step right into a ¼ turn right, step left beside right

5-6-7-8 Cross right over left, step left backward, step right into a ¼ turn right, step left beside right

REPEAT