

A Moment

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Roland (Gutz) Gutzwiller (CH)

Musique: A Moment Isn't Very Long - Willie Nelson



LEFT KICKBALL CHANGES, ROCK LEFT, 2X

- 1&2 Kick forward left, step down on ball of left, change weight to right
3-4 Rock step on left to the left, recover on right
5&6 Kick forward left, step down on ball of left, change weight to right
7-8 Rock step on left to the left, recover on right

SHUFFLE LEFT, AND CROSS ROCK RIGHT

- 9&10 Step side left, bring right next to left, step side left
11-12 Cross rock right over left, rock back on left

SHUFFLE RIGHT, AND CROSS ROCK LEFT

- 13&14 Step side right, bring left next to right, step side right
15-16 Cross rock left over right, rock back on right

LEFT TOE POINT, HOLD, CROSS SHUFFLE ON LEFT TO THE RIGHT

- 17-18 Point left toe to the left side, hold
19&20 Cross left in front of right, bring right next to left, cross left in front of right

RIGHT TOE POINT, ¼ TURN, SHUFFLE ON RIGHT WITH ¼ TURN

- 21-22 Point right toe to the right side, pivot ¼ turn left
23&24 While pivoting ¼ turn left and step right to the right side, bring left next to right, step right to the right side

LEFT HEEL TOUCH FORWARD, LEFT TOE TOUCH, LEFT COASTER STEP

- 25-26 Touch left heel forward, touch left toe next to right
27&28 Step left back, step right beside left, step left forward

RIGHT TOE POINT RIGHT, FORWARD, RIGHT COASTER STEP

- 29-30 Point right toe to the right side, forward
31&32 Step right back, step left beside left, step right forward

LEFT TOE POINT LEFT, FORWARD, LEFT COASTER STEP

- 33-34 Point left toe to the left side, forward,
35&36 Step left back, step right beside left, step left forward

RIGHT KICKBALL CHANGE ¼ TURN RIGHT

- 37&38 Kick forward right, step down on ball of right, change weight to left
39-40 Step on right heel and pivot ¼ right, step left together

RIGHT KICKBALL CHANGE ¼ TURN RIGHT

- 41&42 Kick forward right, step down on ball of right, change weight to left
43-44 Step on right heel and pivot ¼ right, step left together

RIGHT CROSS ROCK FORWARD, RECOVER, ½ TURN, RIGHT SHUFFLE

- 45-46 Cross rock right over left, rock back on left
47&48 Right shuffle forward with ½ turn right

REPEAT
