Mitzy's (Dance Studio)



Compte: 0 Mur: 4 Niveau: Intermediate

Chorégraphe: Sonia Darquea (USA) & Ric Darquea (USA)

Musique: Perfidia - John Altman



INTRODUCTION STEPS DESCRIPTION (1-112)

BASIC MERENGUE STEPS

Side left, right together, side left, right together, side left, right together, side left, right touch
Side right, left together, side right, left together, side right, left touch

17-20 Side left, right together, side left, right touch 21-24 Side right, left together, side right, left touch

BASIC CHA-CHA STEPS

25-28	Rock forward on left, recover right, cha-cha steps in place (left, right, left)
29-32	Rock back on right, recover left, cha-cha steps in place (right, left, right)
33-36	Rock to left side, recover right, cha-cha steps in place (left, right, left)

Rock to side on right, recover left, cha-cha steps turning ½ to right (right, left, right) (6:00)

41-80 Repeat steps 1-40 (12:00)

BREAK STEPS: STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LEFT RONDE

81-84	Stomp left diagonally forward, hold 3 counts
85-88	Stomp right diagonally forward, hold 3 counts
89-92	Stomp left diagonally forward, hold 3 counts
93-96	Stomp right diagonally back, hold 3 counts
97-100	Stomp left diagonally back, hold 3 counts
101-104	Stomp right diagonally back, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

105-112 Point left toes forward, hold 3 counts), left ronde (front to back in 4 counts)

THE MAIN DANCE

BASIC CHA-CHA FORWARD. BASIC CHA-CHA BACK

1-4 Rock forward left, left cha-cha in place (left, right, left)5-8 Rock back right, right cha-cha in place (right, left, right)

2 COUNT VINE TO LEFT, SHUFFLE TURN 1/4 TO LEFT

9-12 Side step left, right step behind left, left shuffle ¼ to left (left, right, left) (9:00) 13-16 Rock forward on right, recover on left, right shuffle turn ½ to right 3:00

WALK 2 STEPS FORWARD, 2 SHUFFLE ½ TURNS TO RIGHT, ROCK LEFT FORWARD

17-18 Walk forward: left, right

19-22 Left shuffle turn ½ to right, right shuffle turn ½ to right (full turn, moving forward)

23-24 Rock forward on left, recover on right

REPEAT

BREAK STEPS

1-4	Stomp left diagonally forward, hold 3 counts
5-8	Stomp right diagonally forward, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

BASIC MERENGUE STEP

Side step with bent knee bringing right hip up, step right together with bent, knee bringing left hip up

BASIC CHA-CHA STEP

Basic cha-cha steps are rock step, shuffle in place