

Mish-Mash

Compte: 64

Mur: 4

Niveau: Intermediate/Advanced

Chorégraphe: Charles Thornhill (UK)

Musique: Loosen Up My Strings - Clint Black



KICK-BALL CHANGES

- 1 Kick forward right
- & Step together on ball of right
- 2 Change weight to left
- 3 Kick forward right
- & Step together on ball of right
- 4 Change weight to left

KICK-KICK, TURN

- 5 Kick right forward
- 6 Kick right to right
- 7 Turn ½ turn to the right pivoting on ball of left (swinging right around to meet left)
- 8 Stomp right next to left (weight change to right)

KICK-BALL CHANGES

- 9 Kick forward left
- & Step together on ball of left
- 10 Change weight to right
- 11 Kick forward left
- & Step together on ball of left
- 12 Change weight to right

KICK-KICK, TURN

- 13 Kick left forward
- 14 Kick left to left
- 15 Turn ½ turn to the left pivoting on ball of right (swinging left around to meet right)
- 16 Stomp left next to right (weight change to left)

TRAVELING KICK-BALL CHANGES

- 17 Kick forward right
- & Step slightly to right on ball of right
- 18 Cross left over right
- 19 Kick forward right
- & Step slightly to right on ball of right
- 20 Cross left over right

ROCKS, CHA-CHA-CHA

- 21 Rock forward onto right
- 22 Rock back onto left
- 23&24 Step in place right, left, right

TRAVELING KICK-BALL CHANGES

- 25 Kick forward left
- & Step slightly to left on ball of left
- 26 Cross right over left
- 27&28 Kick forward left

& Step slightly to left on ball of left
28 Cross right over left

ROCKS, CHA-CHA-CHA

29 Rock forward onto left
30 Rock back onto right
31&32 Step in place left, right, left

SLOW STEPS FORWARD

33 Step forward on right
34 Hold
35 Step forward on left
36 Hold

RUNNING MAN

37& Stomp forward right, hitch left knee and scoot right back
38& Stomp forward left, hitch right knee and scoot left back
39& Stomp forward right, hitch left knee and scoot right back
40& Stomp forward left, hitch right knee and scoot left back

SLOW STEPS FORWARD

41 Step forward on right
42 Hold
43 Step forward on left
44 Hold

RUNNING MAN

45& Stomp forward right, hitch left knee and scoot right back
46& Stomp forward left, hitch right knee and scoot left back
47& Stomp forward right, hitch left knee and scoot right back
48& Stomp forward left, hitch right knee and scoot left back

STEP, PIVOT, WALK, HEEL TOUCH

49 Step forward right
50 Pivot turn $\frac{1}{2}$ turn to the left
51 Step forward right
52 Touch left heel diagonally forward

VAUDEVILLE HOPS (SCISSOR CROSS STEPS)

53& Step back on ball of left, step right across left
54& Step left to left and touch right heel diagonally forward
55& Step back on ball of right, step left across right
56& Step right to right and touch left heel diagonally forward
57& Step back on ball of left, step right across left
58& Step left to left and touch right heel diagonally forward
59& Step back on ball of right, step left across right
60& Step right to right and touch left heel diagonally forward

STEP, PIVOT TURN, STOMP

61 Step left next to right
62 Step right forward
63 Pivot turn $\frac{1}{4}$ turn to the left
64 Stomp-up right (end with right foot raised ready to start kick-ball change)

REPEAT
