

Mish Mash

Compte: 60

Mur: 2

Niveau: Advanced

Chorégraphe: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)

Musique: Mish Mash - Speechless



SIDE, SAILOR-STEP, HITCH, COASTER-STEP, TURN, KICK-BALL-STEP

- 1-2&3-4 Step right to side, step left behind right, step right beside left, step left slightly forward, hitch right
- 5&6-7-8&1 Right coaster step, ¼ pivot left (9:00 - keeping weight on right), left kick-ball-step

TURN, HOLD, HEEL-TWIST, HOLD, BALL-STEP, STEP, ½-TURN-STEP

- 2-3& ¼ pivot left (6:00), hold (place both hands out in front), twist both heels left (move/slide hands left)
- 4-5&6 Twist both heels back to center (move/slide hands back to center), hold, left ball-step
- 7-8 Step left forward (toes turned out ready to turn left), ½ turn left (12:00) stepping back on right

SAILOR-¼-TOE, TOGETHER, POINT, HOLD, ¼-TURN-TOGETHER, POINT, HOLD, BALL-¼-CROSS, ¼-TURN-STEP

- 1&2& Step left behind right, ¼ turn left (9:00) stepping on right, point left forward, step left in place
- 3-4 Point right to side, hold
- &5-6 ¼ turn right (12:00) step right in place, point left forward, hold
- &7-8 Step ball of left in place, ¼ turn right (3:00) crossing right over left, ¼ turn right (6:00) stepping back on left

COASTER-KICK-STEP, STEP, CROSS, BACK, SIDE, CROSS, KICK-BALL-CROSS

- 1&2&3-4 Right coaster-kick-step, step forward left, cross right over left
- 5&6-7&8 Step back on left, step right to side, cross left over right, right kick-ball-cross (traveling slightly to right side)

SIDE, POINT BEHIND, KICK-BALL-CROSS, STOMP, KICK-BALL-CROSS, SIDE

- 1-2 Step right to side, point left behind right (turn head to look right and swing both hands to right point both index fingers right)
- 3&4-5 Left kick-ball-cross (traveling slightly to left side), stomp left beside right
- 6&7-8 Left kick-ball-cross (traveling slightly to left side), step left to side

SAILOR-½, ¼-STEP, SAILOR-¼, STEP, SCUFF, HITCH, STOMP

- 1&2 Step right behind left, ¼ turn right (9:00) stepping on left, ¼ turn right (12:00) stepping forward on right
- 3 ¼ turn right (3:00) stepping left to side
- 4&5 Step right behind left, ¼ turn right (6:00) stepping slightly back on left, step right beside left
- 6-7&8 Step left forward, scuff right forward, hitch right, stomp right in front of left

HOLD, HEEL SPLITS, KICK, STEP, HEEL, STEP, TOE, STEP, HEEL, STEP, TOE, ½-TURN-STEP

- 1&2 Hold, split both heels out, return both heels back in line (weight on left)
- 3&4& Kick right, step back on right, tap left heel forward, step left in place
- 5&6&7 Touch right to left heel, step back on right, tap left heel forward, step left in place, touch right to left heel
- 8 ½ turn right (6:00) stepping right forward

STEP-PIVOT-½, LEFT SHUFFLE

- 1-2-3&4 Step left forward, pivot ½ turn right (12:00), left shuffle

REPEAT
