

Miami Shuffle

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Brenda Hancock (CAN)

Musique: Help Me Rhonda - Jan & Dean



RIGHT JACKIE GLEASON, LINDY LEFT, STEP/TOUCH RIGHT/LEFT, VINE RIGHT

- 1-2 Step right in place, brush left forward
- 3-4 Brush left back diagonally across right, brush left forward diagonally toward 11:00
- 5&6 Step left to side, step right beside left, step left to side
- 7-8 Step back (rock) on right, step left foot (recover) in place
- 1-2 Step right to side, touch left beside right
- 3-4 Step left to side, touch right beside left
- 5-6 Step right to side, step left behind right
- 7-8 Step right to side, touch left beside right

LEFT JACKIE GLEASON, LINDY RIGHT, STEP/TOUCH LEFT/RIGHT, VINE LEFT

- 1-2 Step left in place, brush right forward
- 3-4 Brush right back diagonally across left, brush right forward diagonally toward 1:00
- 5&6 Step right to side, step left beside right, step right to side
- 7-8 Step back (rock) on left, step right foot (recover) in place

- 1-2 Step left to side, touch right beside left
- 3-4 Step right to side, touch left beside right
- 5-6 Step left to side, step right behind left
- 7-8 Step left to side, touch right beside left

CLOSED VINE RIGHT TURNING ¼ TURN RIGHT, ROCK/RECOVER/HEEL/HOOK

- 1-4 Step right to side, step left behind right, step right at ¼ turn right, step left beside right
- 5-6 Step back on right foot, recover to left foot in place
- 7-8 Touch right heel forward, hook right heel in front of left shin

CLOSED VINE RIGHT TURNING ½ TURN RIGHT, ROCK/RECOVER/HEEL/HOOK

- 1-4 Step right to side, step left behind right, step right at ½ turn right, step left beside right
- 5-6 Step back on right foot, recover to left foot in place
- 7-8 Touch right heel forward, hook right heel in front of left shin

RIGHT SHUFFLE FORWARD, ROCK/RECOVER, LEFT SHUFFLE BACK, ROCK/RECOVER

- 1&2 Step right forward, step left beside right, step right forward
- 3-4 Step left forward, recover to right foot in place
- 5&6 Step left back, step right beside left, step left back
- 7-8 Step right back, recover to left foot in place

VINE RIGHT AND LEFT

- 1-4 Step right to side, step left behind right, step right to side, touch left beside right
- 5-8 Step left to side, step right behind left, step left to side, touch right beside left

REPEAT