

# Mi Amor

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Gary Steele (UK)

**Musique:** Monday Mi Amor - Soluna



---

## CHASSE LEFT, CHASSE RIGHT, LEFT SHUFFLE FORWARD, POINT CROSS

- 1&2 Step left to left side, close right next to left, step left to left side
- 3&4 Step right to right side, close left next to right, step right to right side
- 5&6 Left shuffle forward stepping left, right, left
- 7-8 Point right to right side, cross right over left

## LEFT CROSS BACK SIDE, RIGHT CROSS BACK SIDE, BACK ROCK RIGHT ¼ LEFT, BEHIND SIDE CROSS

- 1&2 Cross left over right, step right back, step left to left side
- 3&4 Cross right over left, step left back, step right to right side
- 5&6 Rock back onto left foot, recover weight onto right, step left to left side making a ¼ turn right
- 7&8 Cross right behind left, step left to left side, cross right over left

## HIP BUMPS LEFT AND RIGHT, LEFT AND RIGHT BACK ROCK SIDE

- 1&2 Step left to left side bumping the hips left, right, left
- 3&4 Bump the hips right, left, right
- 5&6 Rock back onto left foot, recover weight onto right, step left to left side
- 7&8 Rock back onto right foot, recover weight onto left, step right to right side

## TOE UNWIND ½ LEFT, RIGHT CROSSING SHUFFLE, SIDE ROCK, RECOVER, STEP BEHIND SIDE

- 1-2 Touch left toe behind right, unwind ½ turn over left shoulder
- 3&4 Right crossing shuffle stepping right, left, right
- 5-6 Rock out to the side on left foot, recover weight onto right
- 7-8 Step left behind right, step right to right side

**REPEAT**

---