

Mexi Melt

Compte: 32

Mur: 2

Niveau:

Chorégraphe: Joe White (USA)

Musique: Heaven's What I Feel - Gloria Estefan



Dance begins 64 beats into the song. It is where the beat kicks in. You are counting when she is singing "on silent wings". It is about 40 seconds into the song. The Dance ends on 1 beat after the final stomp and hold. This will allow you to step right and end the dance with a little flair.

SIDE ROCK STEP, SAILOR SHUFFLE, SIDE ROCK STEP, SAILOR SHUFFLE

- 1-2 Step right to right side, rock back on left
- 3&4 Cross right behind left, step in place left, right
- 5-6 Step left to left side, rock back on right
- 7&8 Cross left behind right, step in place right, left

FORWARD SHUFFLE, STEP & PIVOT, STOMP STOMP

- 9&10 Shuffle forward right, left, right
- 11&12 Shuffle forward left, right, left
- 13-14 Step forward right, turn ½ to left
- 15-16 Stomp forward right, left

Shimmy on the forward shuffles

SIDE STEP RIGHT, HOLD, SYNCOPATED STEPS TO RIGHT- STEP LEFT, RIGHT, LEFT RIGHT

- 17-18 Step right to right side, hold
- &-19 Step left to right side, step right to right side
- &-20 Step left to right side, step right to right side

ROCK FORWARD LEFT, LEFT COASTER STEP

- 21-22 Rock forward left, back right
- 23&24 Step back left, right, forward left

ROCK BACK RIGHT, 2 STEP FULL TURN LEFT, RIGHT FORWARD SHUFFLE, STOMP LEFT, HOLD/BODY ROLL

- 25-26 Rock back right, forward left
- 27-28 Step forward right, left as you make a full turn to your left
- 29&30 Shuffle forward right, left right
- 31-32 Stomp left foot forward, hold

You can also use these last 2 beats for a forward body roll

REPEAT
