

Me & U

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Joanne Wong (MY)

Musique: Me And You - Cassie



WALK FORWARD, SIDE, KNEE POP, SAILOR WITH POINT, BODY ROLL

- 1-2 Step forward on right, step forward on left
3&4 Step right to right side, pop left knee in, straighten left foot, feet apart with weight on left
5&6 Cross right behind left, step left to left side, point right foot forward
7-8 Do a body roll, step right beside left as you finish the body roll

ROCK, RECOVER, SAILOR ½ TURN LEFT, SNAKE ROLL, STEP ½ TURN RIGHT, SIDE, BEHIND, UNWIND ¾ TURN LEFT

- 1-2 Rock forward on left, recover weight on right and sweep left to left side
3&4 Cross left behind right, step right to right side, making a ½ turn left, step left to left side
Styling: at count 4, look over left shoulder (12:00)
5-6 Do a snake roll from left to right to the left, step left beside right, making a ½ turn right
&7-8 Step right to right side, touch left behind right, unwind ¾ turn left, switching weight from right to left

Arms: raise arms to left diagonal, pull both arms back to chest, drop arms to sides

TOUCH, KNEE POP, STRAIGHTEN, WALKS WITH ½ TURN RIGHT, & CROSS, UNWIND FULL TURN LEFT, SWEEP, TOUCH

- 1&2 Touch right to right side, pop right knee in, bending both legs slightly, straighten both legs
Arms: point right fist to right upper diagonal and left fist to left lower diagonal, bring both fist to chest, open both arms back to the position in count 1, drop arms to both sides
3-4 Step forward on right, making a ½ turn right, step forward on left
&5-6 Step forward on right, cross left behind right, unwind a full turn left, with weight on right
7-8 Sweep left out forming a semi-circle, touch left beside right

WALKS BACK WITH SWEEP, HIP ROLL, HITCH, LOCK STEPS, FLICK ½ TURN RIGHT

- 1&2 Sweep left to left side and step back on left, sweep right to right side and step back on right, sweep left to left side and step back on left
3-4 Do a hip roll to the right, hitch right knee up
5-8 Step forward on right, lock left behind right, step forward on right, step left beside right while flicking right to right side, making a ½ turn right

REPEAT