

Mandy

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Oli Geir (ICE)

Musique: Mandy (Club Mix) - Westlife

STEP, ROCK STEP, CHASSE ½ TURN LEFT, STEP PIVOT ½ TURN LEFT, LOCK STEP

- 1-3 Step forward right, rock forward left, recover onto right
- 4&5 Step left in to chasse ½ turn left, stepping left, right, left
- 6-7 Step forward right, pivot ½ turn left
- 8&1 Step forward right, step left behind right, step forward right

CROSS ROCK, SIDE STEP, CROSS ROCK, STEP ¼ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, CROSS ROCK, SIDE STEP

- 2&3 Cross rock left over right, recover onto right, step left to side
- 4&5 Cross rock right over left, recover onto left, step right ¼ turn right
- 6-7 Step forward left, pivot ½ turn right
- 8&1 Cross rock left over right, recover on to right, step left to side

CROSS ROCK, SIDE STEP, CROSS STEP, ¼ TURN LEFT, STEP BACK, LEFT CHASSE, CROSS STEP, TOUCH SIDE

- 2&3 Cross rock right over left, recover onto left, step right to side
- 4-5 Step left across right, make a ¼ turn left, stepping back on right
- 6&7 Step left to side, close right to left, step left to side
- 8-1 Step right across left, touch left to side

CROSS STEP, SIDE STEP, FRONT SAILOR ¼ TURN LEFT, STEP PIVOT ½ TURN LEFT, LOCK STEP

- 2-3 Step left across right, step right to side, (use hips)
- 4&5 Step left across right, step right to side, make a ¼ turn left, stepping forward left
- 6-7 Step forward right, pivot ½ turn left
- 8& Step forward right, step left behind right

REPEAT
