

# Man Of Me

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Doug Westerlund (USA)

**Musique:** Man of Me - Gary Allan



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## **ROCK, ROCK, SHUFFLE ½ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, SHUFFLE**

- 1-2 Rock forward on right, recover on left
- 3&4 Shuffling ½ turn right (right, left, right)
- 5-6 Step pivot ½ turn right (left, right)
- 7&8 Shuffle forward (left, right, left)

## **CHASSE RIGHT, ROCK, ROCK, CHASSE LEFT, ROCK, ROCK**

- 1&2 Step right to right, step left next to right, step right to right
- 3-4 Rock back on left foot, rock forward on right foot
- 5&6 Step left to left, step right next to left, step left to left
- 7-8 Rock back on right foot, rock forward on left foot

## **FOUR ¼ TURNS TO LEFT WITH CLAPS**

- 1-2 Step right foot forward, pivot on right foot ¼ turn left shifting weight back to left foot and clapping hands
- 3-4 Repeat 1-2
- 5-6 Repeat 1-2
- 7-8 Repeat 1-2

## **CROSS ROCK, TRIPLE STEP, CROSS ROCK, TRIPLE STEP ¼ TURN LEFT**

- 1-2 Cross step right foot over in front of left foot, recover on left
- 3&4 Triple step in place (right, left, right)
- 5-6 Cross step left foot over in front of right foot, recover on right
- 7&8 Triple step with ¼ turn left in place (left, right, left)

**REPEAT**

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