

Man Of Me

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Maureen Jones (UK) & Michelle Jones (UK)

Musique: Man of Me - Gary Allan



ROCK, SYNCOPATED EXTENDED VINE, HOLD, STEP, ROCK

- 1-2 Rock right across left, rock back onto left
- 3&4& Step right to right, step left across right, step right to right, step left behind right
- 5-6 Step right slightly larger step to right, hold
- &7-8 Step left beside right, rock right to right side, recover weight left onto left

SAILOR STEPS, TOUCH, UNWIND ½ TURN, COASTER

- 9&10 Step right behind left, step left to left, step right to right
- 11&12 Step left behind right, step right to right, step left to left
- 13-14 Touch right behind left, unwind ½ turn right (weight now on right)
- 15&16 Step left back, step right beside left, step left forward

SIDE KICKS, SYNCOPATED SIDE STEPS, KICK, SAILOR, SAILOR-CROSS

- 17-18 Kick right to right side twice
- &19-20 Step right to right, step left beside right, kick right to right side
- 21&22 Step right behind left, step left to left, step right to right
- 23&24 Step left behind right, step right to right, step left across right

HEEL GRIND ¼ TURN, BACK SHUFFLE, ½ TURN, SHUFFLE, PRISSY STEPS

- 25-26 Grind right heel to right side making ¼ turn right, step back on left
- 27&28 Shuffle back on right, left, right
- 29&30 Make ½ turn left and then shuffle forward on left, right, left
- 31-32 Step right across left angling body slightly to left, step left across right angling body slightly to right (with attitude)

REPEAT

TAG

Insert the following 2 counts immediately after count 16 of the 6th wall (following the words "It ain't just about me any more")

- 1-2 KICK RIGHT TO RIGHT SIDE, TOUCH RIGHT BESIDE LEFT

Then continue dance from count 17 onward
