

Mamma Mia

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Virginia Tsui (CAN)

Musique: Mamma Mia - A*Teens



HEEL DIGS TWICE, TOE TOUCHES TWICE, SIDE BEHIND, RIGHT SHUFFLE

- &1-2 Step right back, dig left heel twice
- &3-4 Step left back, touch right toe behind left twice
- 5-6 Step right to right, step left behind right
- 7&8 Step right to right, step left beside right, step right to right

CROSS ROCK, LEFT SHUFFLE ¼ TURN LEFT, ½ TURN LEFT, FORWARD SHUFFLE

- 1-2 Cross left over right, recover right in place
- 3&4 Step left to left, step right beside left, step left to left making ¼ turn left
- 5-6 Step right forward, pivot ½ left
- 7&8 Step right forward, step left close to right, step right forward

ROCK STEP, CROSS SIDE CROSS, ¼ TURN LEFT BACK SHUFFLE, ¼ TURN LEFT, LEFT SHUFFLE

- 1-2 Rock step left to left, recover right in place
- 3&4 Cross left over right, step right to right, cross left over right
- 5&6 Turn ¼ left, step right back, step left close to right, step right back
- 7&8 Turn ¼ left, step left to left, step right beside left, step left to left

SAILOR STEP, PADDLE ¼ RIGHT TWICE, SAILOR STEP, UNWIND ½ TURN LEFT

- 1&2 Cross right over left, step left to left, step right in place
- 3&4 Touch left toe to left, pivot ¼ turn right, touch left toe to left, pivot ¼ turn right
- 5&6 Step left behind right, step right to right, step left in place
- 7-8 Cross right over left, unwind ½ turn left, touch right beside left

REPEAT
