

Mamacita

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: John Robinson (USA)

Musique: I Ain't Your Mama - Amber Dotson



VINE RIGHT, TOUCH, TOUCH OUT, BEHIND, OUT, HOOK

- 1-2 Right step side right, left step behind right
- 3-4 Right step side right, left touch next to right
- 5-6 Left touch out side left, left toe tap behind right
- 7-8 Left touch out side left, left hook across right leg

VINE LEFT WITH ¼ TURN LEFT, SIDE STEP WITH BODY ROLL RIGHT THEN LEFT

- 1-2 Left step side left, right step behind left
- 3-4 Left step into ¼ turn left (to 9:00), right touch next to left
- 5-6 Right step side right rolling hips/shoulders right, left touch next to right
- 7-8 Left step side left rolling hips/shoulders left, right touch next to left

VINE RIGHT, TOUCH, TOUCH OUT, BEHIND, OUT, HOOK

- 1-2 Right step side right, left step behind right
- 3-4 Right step side right, left touch next to right
- 5-6 Left touch out side left, left toe tap behind right
- 7-8 Left touch out side left, left hook across right leg

VINE LEFT WITH ¼ TURN LEFT, ¼ TURN LEFT WITH HIP ROLLS

- 1-2 Left step side left, right step behind left
- 3-4 Left step into ¼ turn left (to 6:00), right touch next to left
- 5-6 Right step ball of foot slightly forward, rolling hips right, pivot 1/8 left rolling hips left
- 7-8 Right step ball of foot slightly forward, rolling hips right, pivot 1/8 left rolling hips left (now facing 3:00)

ROCKING CHAIR, STEP FORWARD, TOUCH, STEP FORWARD, TOUCH

- 1-2 Right rock ball of foot forward, recover to left
- 3-4 Right rock ball of foot back, recover to left
- 5-6 Step right forward, left touch next to right
- 7-8 Step left forward, right touch next to left

Option: clap on counts 6 and 8

STOMP, HOLD, STOMP, HOLD, HEEL SWITCHES WITH HOOK

- 1-2 Right stomp forward at slight diagonal right, hold
- 3-4 Left stomp forward at slight diagonal left, hold
- 5&6& Right heel touch forward, right step home, left heel touch forward, left step home
- 7-8 Right heel touch forward, right hook across left leg

REPEAT