

Mama's Little B

Compte: 56

Mur: 4

Niveau: Intermediate

Chorégraphe: Tony Wilson (USA)

Musique: Shortenin' Bread - The Tractors



Start after 8 beats as you hear vocals 1,2

RIGHT TOE HEEL TRIPLE STEP CROSS UNWIND

- 1-2 Touch right toe to left instep, touch right heel to left instep
- 3&4 Step right, left, right in place
- 5-6 Cross left leg over right, hold
- 7-8 Unwind $\frac{1}{2}$ turn right, hold

LEFT TOE HEEL TRIPLE STEP CROSS UNWIND

- 9-10 Touch left toe to right instep, touch left heel to right instep
- 11&12 Step left, right, left in place
- 13-14 Cross right leg over left, hold
- 15-16 Unwind $\frac{1}{2}$ turn left, hold

RIGHT SHUFFLE. ROCK. ROCK LEFT SHUFFLE. ROCK. ROCK

- 17&18 Right shuffle forward right-left-right
- 19-20 Rock step forward on left foot, rock back on right foot
- 21&22 Left shuffle forward left-right-left
- 23-24 Rock step forward on right foot, rock back on left foot

BACK TOE HEEL STRUTS RIGHT-LEFT-RIGHT-LEFT

- 25-26 Step back on right toe, drop right heel to floor
- 27-28 Step back on left toe, drop left heel to floor
- 29-30 Step back on right toe, drop right heel to floor
- 31-32 Step back on left toe, drop left heel to floor

ROCK. ROCK. CROSS SHUFFLE $\frac{1}{4}$ TURN RIGHT. LEFT SHUFFLE

- 33-34 Rock onto right foot, rock onto left foot
- 35&36 Cross right foot in front of left, small step to left on left foot, small step to left on right foot
- 37-38 Step left foot to left, $\frac{1}{4}$ pivot turn right
- 39&40 Left shuffle forward left-right-left

CHARLESTON STEP TWICE, $\frac{1}{4}$ UNWIND LEFT

- 41-42 Step forward on right foot, kick left foot forward
- 43-44 Step back on left foot, touch right toe back
- 45-46 Step forward on right foot, kick left foot forward
- 47-48 Touch left toe behind right foot, unwind $\frac{1}{4}$ turn left

RIGHT SIDE CHASSE. ROCK BACK. LEFT SHUFFLE. STOMP. STOMP

- 49&50 Step right foot to right side, close left to right, step right foot to right side
- 51-52 Turning $\frac{1}{4}$ left rock back on left foot, rock forward on right foot
- 53&54 Left shuffle forward left-right-left
- 55-56 Stomp right foot, stomp left foot

REPEAT