

Mama Tried

Compte: 64

Mur: 4

Niveau: Intermediate two step

Chorégraphe: Pim Humphrey (UK)

Musique: Mama Tried - Randy Travis



SIDE, TOGETHER, SIDE SHUFFLE, BACK ROCK, SHUFFLE

1-2-3&4 Step side right, step left by right, side shuffle

5-6-7&8 Step back on left, recover weight on right, left shuffle forward

½ TURN, TRIPLE TURN, BACK ROCK, TRIPLE TURN

1-2-3&4 Step forward on right, pivot ½ turn left, turn ½ turn left with right, left, right

5-6-7&8 Step back on left recover weight on right, turn ½ turn right with left right left

SIDE, TOGETHER, SIDE SHUFFLE, BACK ROCK, SHUFFLE

1-2-3&4 Step side right, step left by right, side shuffle

5-6-7&8 Step back on left, recover weight on right, left shuffle forward

½ TURN, TRIPLE TURN, BACK ROCK, TRIPLE TURN

1-2-3&4 Step forward on right, pivot ½ turn left, turn ½ turn left with right left right

5-6-7&8 Step back on left recover weight on right, turn ½ turn right with left right left

BACK ROCK, SHUFFLE, TURN TOGETHER, SIDE SHUFFLE

1-2-3&4 Step back on right, recover weight on left, right shuffle forward

5-6-7&8 Turn ¼ right onto left foot, step right by left, side shuffle

TURN ROCK, ½ TURN TRIPLE, BACK ROCK, SHUFFLE

1-2-3&4 Turn ¼ right onto right foot, recover weight on left, turn ½ turn left with right left right

5-6-7&8 Step back on left recover weight on right, left shuffle forward

¼ TURN, TOGETHER, SIDE SHUFFLE, TURN ROCK, ½ TURN TRIPLE

1-2-3&4 Turn ¼ left onto right foot, step left by right, side shuffle

5-6-7&8 Turn ¼ left onto left, recover weight on right, turn ½ turn right with left right left

BACK ROCK, SHUFFLE, ¼ TURN PIVOT, SHUFFLE

1-2-3&4 Step back on right, recover weight on left, right shuffle forward

5-6-7&8 Step forward on left, pivot ¼ turn right, left shuffle forward

REPEAT
