

Loving Mindy

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Rafel Corbí (ES)

Musique: A Girl's Gotta Do What A Girl's Gotta Do - Mindy McCready

HEEL FORWARD, SHUFFLE FORWARD

- 1-2 Touch right heel forward, right foot beside left foot
- 3-4 Touch left heel forward, left foot beside right foot
- 5&6 Step right forward, left beside right, step right forward
- 7&8 Step left forward, right beside left, step left forward

ROCK & RECOVER, SHUFFLE FORWARD, ROCK & RECOVER

- 9-10 Rock right foot forward, recover on left doing a ½ turn right
- 11&12 Step right forward, left beside right, step right forward
- 13&14 Step left forward, right beside left, step left forward
- 15-16 Rock right foot forward, recover on left

SHUFFLE BACK, HOPS, KICKS, SAILOR STEP

- 17&18 Step back with right foot, left beside right, step back with right foot
- 19-20 Hitch left knee while jumping twice with right foot
- 21-22 Still with left knee up, kick left and kick right
- 23&24 Left foot beside right foot, right foot behind left foot, left foot forward

JUMP AND ROLLING HIPS TWICE, SLIDE, HOLD

- 25-26 Jump with both feet to right, rolling hips
- 27-28 Jump with both feet to right, rolling hips
- 29 Long step to the left with left foot
- 30-31 Slide right foot beside left foot
- 32 Hold

REPEAT
