

# Lovin In The Mud

Compte: 32

Mur: 1

Niveau: Improver

Chorégraphe: Karen Hedges (USA)

Musique: Lovin In The Mud - Rebecca Fredericks



## WALK, WALK, SWEEP, TURN, STEP HOLD

- 1-4 Walk forward right, hold, walk forward left, hold  
5-8 Sweep right ½ turn left, touch right, step forward right, hold

## SKATE, SKATE, TWIST, TWIST, TOUCH

- 9-12 Skate left, hold, skate right, hold  
13-16 Twist heels right, twist heels left, twist heels right ¼ turn left, touch right

## SIDE ROCK STEP INTO SLOW SAILOR SHUFFLES

- 17-20 Step side right, recover left, step right behind left, rock left to left side  
21-24 Step right in place, step left behind right, rock side right, recover left

## SLOW TURN, JAZZ BOX

- 25-28 Step forward right, hold, ½ turn left, hold  
29-32 Cross right over left, step back left, ¼ turn right, step forward right, step forward left

## REPEAT

### TAG

On 7th wall do first 24 counts (right after side rock steps and sailor shuffles). This is done only once through the dance

### STEP SLIDE, TURNING JAZZ BOX

- 1-4 Long step right, slide left to meet right  
5-8 Cross right over left, step back left, ¼ turn right, step forward left

### REPEAT 1-8

- 9-12 Repeat 1-4  
13-16 Repeat 5-8

### REPEAT 1-8

- 17-20 Repeat 1-4  
21-24 Repeat 5-8

### REPEAT 1-4

- 25-28 Repeat 1-4

### JAZZ BOX IN PLACE

- 29-32 Cross right over left, step back left, step side right, step forward left

Start the dance over and finish out

### ENDING

For a nice ending do first 24 counts of the dance, after the slow sailor shuffle, step forward right, hold, ¼ turn left facing front hold