

Love At First Sight

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Irene Groundwater (CAN)

Musique: Love At First Sight - Lynn August



DIG, DIAGONAL FORWARD, DIG, DIAGONAL FORWARD, DIG, DIAGONAL FORWARD, DIG, DIAGONAL FORWARD

- 1-2 Dig right toe diagonal forward swinging arms to the right, step down on right and snap fingers right
- 3-4 Dig left toe diagonal forward swinging arms to the left, step down on left and snap finger left
- 5-6 Dig right toe diagonal forward swinging arms to the right, step down on right and snap fingers right
- 7-8 Dig left toe diagonal forward swinging arms to the left, step down on left and snap finger left

Please note: these are not toe struts. Make sure after you dig the toe you raise the foot completely off the floor

Option on counts 1 and 5: right toe faces right and right heel faces left on digs as body faces right

Option on counts 5 and 7: left toe faces left and left heel faces right on digs as body faces left

DIAGONAL BACK, DRAG, HIP, HIP, DIAGONAL BACK, DRAG, HIP, HIP

9-10-11-12 Right diagonal back, drag left towards right (weight on right foot), raise and lower left hip

13-14-15-16 Left diagonal back, drag right towards left (weight on left foot), raise and lower right hip

Option on count 11: twist body right as left. Hip is raised using left toe as leverage

Option on count 12: as left hip is lowered body moves back to original position. The opposite occurs on counts 15 and 16

SIDE SHUFFLE, ROCK BACK - FORWARD, ¼ TURN RIGHT. & SIDE SHUFFLE, ROCK BACK - FORWARD

17&18 Side step right, step left beside right, side step right

19-20 Rock left behind right, rock forward on right

21&22 Pivot ¼ turn right on right ball and side step left, step right beside left, side step left

23-24 Rock right behind left, rock forward on left

SIDE SHUFFLE, ROCK BACK - FORWARD, ¼ TURN RIGHT. & SIDE SHUFFLE, ROCK BACK - FORWARD

25&26 Side step right, step left beside right, side step right

27-28 Rock left behind right, rock forward on right

29&30 Pivot ¼ turn right on right ball and side step left, step right beside left, side step left

31-32 Rock right behind left, rock forward on left

FORWARD SHUFFLE, SIDE, REPLACE, CROSS SHUFFLE, SIDE, SIDE

33&34 Right forward, step left beside right, right forward

35-36 Side step left, replace right

37&38 Cross left over right, side step right, cross left over right

39-40 Side step right, side step left

CROSS TOE STRUT, ¼ TURN LEFT WITH TOE STRUT, BEND KNEE, HIP, BEND KNEE, HIP

41-42 Cross right toe in front of left, snap down right heel

43-44 Left toe forward making ¼ turn left on step, snap down left heel

45-46 Side step right bending right knee (no weight), straighten knee with weight and push right hip out

47-48 Side step left bending left knee (no weight), straighten left knee with weight and push left hip out

Option

45-46-47-48 Hips right, hold, hips left, hold

Option: on counts 45 to 48 make circular movements to the right with the hips

REPEAT

TO END DANCE

On eighth pattern, on counts 45-48, make circular movements to the right with the hips raising hands above the head
