

# Lost-Shebang

Compte: 32

Mur: 4

Niveau:

Chorégraphe: Sylvia Priestley (UK)

Musique: Lost Without You - Wynonna



When dancing to **Stuck In Love**, dance at half speed

## CHARLESTON, CROSS BACK TURN, SIDE CHASSE

- 1-2 Touch right foot forward, right foot step back
- 3-4 Touch left foot back, left foot step forward
- 5-6 Cross right foot over left, step back on left foot turning  $\frac{1}{4}$  right
- 7&8 Chasse side right on right, left, right

## KICK-BALL POINT TWICE, CROSS BACK, SIDE CHASSE

- 9&10 Left foot kick forward, bring left foot beside right, point right toe out to right side
- 11&12 Right foot kick forward, bring right foot beside left, point left toe out to left side
- 13-14 Cross left foot over right, step back on right
- 15&16 Chasse side left on left, right, left

## HEEL JACK, $\frac{1}{4}$ TURN SHUFFLE, $\frac{1}{2}$ TURN SHUFFLE, HEEL BOUNCE TURN

- &17 Step back on right, place left heel forward
- &18 Step left back in place, step right beside left
- 19&20 Turn a  $\frac{1}{4}$  right into a right shuffle on right, left, right
- 21&22 Turn  $\frac{1}{2}$  right and step left, right, left in place
- 23-24 Bounce heels twice (bend at the knees and lift both heels, swiveling on balls of feet, turning heels to right  $\frac{1}{8}$  replace weight on heels: repeat process), over these two beats you will turn  $\frac{1}{4}$  left

## POINT, STEP TWICE, KICK, COASTER

- 25-26 Point right toes out to right side, step forward on right
- 27-28 Point left toes out to left side, step forward on left
- 29 Kick right foot forward
- 30&31 Step right back, step left beside right, step right foot forward
- 32 Step left foot forward

**REPEAT**

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