

# Lost In The Feeling (P)

**COPPER KNOB**  
BYEPOSTETS

Compte: 48

Mur: 0

Niveau: Partner

Chorégraphe: Rick Bates (USA) & Deborah Bates (USA)

Musique: Their Hearts Are Dancing - The Forester Sisters



**Position: Right side-By-Side Position. Partners on same footwork unless noted**

## TWINKLES

- 1-3 Cross left foot over right and step; step slightly to the right on right foot; step left foot next to right
- 4-6 Cross right foot over left and step; step slightly to the left on left foot; step right foot next to left

**MAN: FORWARD BASIC, LADY: DIAGONAL TO THE LEFT ROLLING TURN, FORWARD BASIC**

Release left hands and raise joined right hands. Lady turns under upraised joined hands. Man does first basic almost in place allowing partner to end directly in front of man

- 7 **MAN:** Step slightly forward on left foot  
**LADY:** Stride forward and diagonally to the left on left foot and begin a full to the left rolling turn traveling forward and to the left
- 8 **MAN:** Step right foot next to left  
**LADY:** Step on right foot and continue full to the left rolling turn
- 9 **MAN:** Step slightly forward on left foot  
**LADY:** Step on left foot and complete full to the left rolling turn

**Rejoin left hands. Partners now in the Indian position**

- 10-12 Stride forward on right foot; step left foot next to right; step forward on right foot

## TWINKLES

- 13-15 Cross left foot over right and step; step slightly to the right on right foot; step left foot next to right
- 16-18 Cross right foot over left and step; step slightly to the left on left foot; step right foot next to left

**MAN: FORWARD BASIC, BACK BASIC, LADY: FORWARD ½ TURN TO THE LEFT, BACK BASIC**

Raise hands. Lady turns under upraised joined hands

- 19 **MAN:** Stride forward on left foot  
**LADY:** Stride forward on left foot and begin a ½ turn to the left
- 20 **MAN:** Step right foot next to left  
**LADY:** Step on right foot and complete ½ turn to the left
- 21 **MAN:** Step forward on left foot  
**LADY:** Step back on left foot

**Partners now face each other in the double crossed hand hold position (right over left). Man faces LOD and lady faces rold**

- 22-24 Stride back on right foot; step left foot next to right; step back on right foot

## MINUET

**During counts 25-27 slowly raise joined hands straight up. Release hands on count 27**

- 25-27 Stride forward on left foot; step right foot next to left; step forward on left foot

**During counts 28-30 slowly extend arms outward making a circle as you bring hands down to waist level.**

**Rejoin hands in the Double Crossed Hand Hold position (left over right) on count 30**

- 28-30 Stride back on right foot; step left foot next to right; step back on right foot

**MAN: FORWARD BASIC, LADY: DIAGONAL ½ TURN TO THE LEFT, FORWARD BASIC**

Raise left hands. Lady turns under upraised joined hands

- 31            **MAN:** Stride forward on left foot  
              **LADY:** Stride forward and diagonally to the left on left foot and begin a ½ turn to the left
- 32            **MAN:** Step right foot next to left  
              **LADY:** Step on right foot and complete ½ turn to the left
- 33            **MAN:** Step forward on left foot  
              **LADY:** Step left foot next to right

**Partners now in the Right Side-By-Side position facing LOD**

- 34-36            Stride forward on right foot; step left foot next to right; step forward on right foot

**FORWARD ¾ ROLLING TURN TO THE LEFT, CROSS, SIDE STEP, CROSS BEHIND**

**Release left hands and raise right hands. Partners turn under upraised joined hands**

- 37            Stride forward on left foot and begin a ¾ rolling turn to the left traveling toward LOD
- 38            Step on right foot and continue ¾ rolling turn
- 39            Step on left foot and complete ¾ rolling turn to the left

**Rejoin left hands in the Indian position facing OLOD**

- 40            Cross right foot over left and step
- 41            Step to the left on left foot
- 42            Cross right foot behind left and step

**LUNGE LEFT, DRAG, TOUCH, ¾ TO THE RIGHT ROLLING TURN**

- 43            Take a long step to the left on left foot
- 44            Drag right foot toward left
- 45            Touch right foot next to left

**Release left hands and raise right hands. Partners turn under upraised joined hands**

- 46            Step to the right on right foot and begin a ¾ rolling turn to the right traveling toward RLOD
- 47            Step on left foot and continue ¾ to the right rolling turn
- 48            Step on right foot and complete ¾ rolling turn

**Rejoin left hands in the right side-by-side position facing LOD**

**REPEAT**

**TAG**

If done to "Lost In The Feeling" please add 6-count tag sequence at beginning of the first repetition of the pattern. This tag is done only once.

- 1-3            Forward basic (left, right, left)
- 4-6            Forward basic (right, left, right)
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