

# Lost 'n' Found

**Compte:** 64

**Mur:** 1

**Niveau:** Intermediate/Advanced



**Chorégraphe:** William Sevone (UK)

**Musique:** Chain Reaction - Paul Brandt

## **ROCK FORWARD, BACKWARD SHUFFLE WITH CROSS STEP, UNWIND ½ LEFT**

- 1-2 Rock forward onto right foot, recover onto left  
3&4 Step right foot back, step left foot next to right, cross right foot over left  
5 Unwind ½ turn left (transfer weight to right foot)

## **ROCK FORWARD, BACKWARD SHUFFLE WITH CROSS STEP, UNWIND ½ RIGHT**

- 6-7 Rock forward onto left foot, recover onto right  
8&9 Step left foot back, step right foot next to left, cross left foot over right  
10 Unwind ½ turn right (transfer weight to left foot)

## **SHUFFLE FORWARD, ROCK FORWARD, BACKWARD 1 & ¼ TURN LEFT, 2X SAILOR SHUFFLE**

- 11&12 Right shuffle forward (right, left-right)  
13 Rock forward onto left foot & scuff/clap hands, left down-right up  
14 Recover onto right foot & scuff/clap hands, left up-right down  
15-17 Moving backward turn 1 & ¼ turns left (left, right, left,)  
18&19 Step right foot behind left, step left foot to side, step right foot to place  
20&21 Step left foot behind right, step right foot to side, step left foot to place

## **3X FORWARD CROSS STEP, SIDE TOUCH, FORWARD CROSS STEP, 3X SCOOT-HIP PUSHES**

- 22-23 Step right foot forward across left, touch left toe to side  
24-25 Step left foot forward across right, touch right toe to side  
26-27 Step right foot forward across left, touch left toe to side  
28 Step left foot forward across right  
29 Scoot or bunny hop left foot backwards & push hips to the right  
30 Scoot or bunny hop right foot backwards & push hips to the left  
31 Scoot or bunny hop left foot backwards & push hips to the right

## **¼ RIGHT, COASTER STEP, HOLD**

- 32 With a ¼ turn right on ball of left foot - step right foot back  
&33 Step left foot next to right and step right foot forward  
34 Hold

## **SHUFFLE FORWARD, STEP FORWARD, ROCK, BACKWARD 1 & ¼ TURNS RIGHT, 2X SAILOR SHUFFLE**

- 35&36 Left shuffle forward (left, right-left)  
37 Step forward onto right foot & scuff/clap hands, left down-right up  
38 Rock back onto left foot & scuff/clap hands, left up-right down  
39-41 Moving backward turn 1 & ¼ turns right (right, left, right,)  
42&43 Step left foot behind right, step right foot to side, step left foot to place  
44&45 Step right foot behind left, step left foot to side, step right foot to place

## **3X FORWARD CROSS STEP, SIDE TOUCH, FORWARD CROSS STEP, 3X SCOOT-HIP PUSHES**

- 46-47 Step left foot forward and across right, touch right toe to side  
48-49 Step right foot forward and across left, touch left toe to side  
50-51 Step left foot forward and across right, touch right toe to side  
52 Step right foot forward and across left

- 53 Scoot or bunny hop right foot backwards & push hips to the left  
54 Scoot or bunny hop left foot backwards & push hips to the right  
55 Scoot or bunny hop right foot backwards & push hips to the left

**¼ LEFT, COASTER STEP, HOLD**

- 56 With a ¼ turn left on ball of right foot- step left foot back  
&57 Step right foot next to left and step left foot forward  
58 Hold

**SHUFFLE FORWARD, FORWARD FULL TURN RIGHT, SHUFFLE FORWARD**

- 59&60 Right shuffle forward (right, left-right)  
61-62 Stepping forward onto left foot turn ½ right, stepping backward onto right foot turn ½ right  
63&64 Left shuffle forward (left, right-left)

**REPEAT**

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