

Losin' Control

Compte: 32

Mur: 2

Niveau: Intermediate/Advanced



Chorégraphe: Steve Rutter (UK)

Musique: Caught Up - Usher

STEP BACK, TOE TAP, LEFT KICK BALL-TOUCH WITH ¼ TURN LEFT, CROSS, SIDE ROCK, CROSS, UNWIND ¾ TURN RIGHT, SIDE STEP

- 1-2 Step back on right, tap left toe across right
- 3&4 Kick left forward, step left beside right, make a quarter turn left touching right toe to right side
- 5&6 Cross right over left, rock left to left side, recover weight onto right
- 7&8 Cross left over right, unwind a three-quarter-turn right, step right-to-right side

CROSSING MAMBO ROCK, CROSS, UNWIND FULL TURN LEFT, RIGHT VINE, TOE TOUCH, SIDE STEP, CROSS, UNWIND ½ TURN LEFT

- 9&10 Cross rock left over right, recover weight back onto right, step left-to-left side
- 11&12 Cross right over left, unwind a full turn left, step right-to-right side
- 13&14 Cross left behind right, step right-to-right side, touch left toe forward and across right
- & Step left-to-left side
- 15-16 Cross right over left, unwind a half turn left (weight ending on left)

SIDE STEP, CROSS BEHIND, SIDE ROCK & CROSS, TOE TOUCH, FLICK BACK WITH ¼ TURN LEFT, TOE TOUCH, WEAVE

- 17-18 Step right to right side, cross left behind right
- 19&20 Rock right-to-right side, recover weight onto left, cross right over left
- 21&22 Touch left toe to left side, making a quarter turn left flick left foot behind right knee, touch left toe to left side
- 23&24 Cross left behind right, step right-to-right side, cross left over right

TOE SWITCHES, HITCH, ¾ TURN RIGHT, COASTER TOUCH, ¼ TURN RIGHT, CROSS, UNWIND ¾ TURN RIGHT

- 25&26 Touch right toe to right side, close right beside left, touch left toe to left side
- &27 Close left beside right, touch right toe to right side
- &28 Hitch right knee, on ball of left spin a three-quarter-turn right
- 29&30 Step back on right, close left beside right, touch right toe to right side
- 31&32 Make a quarter turn right stepping right to right side, cross left over right, unwind a three-quarter-turn right

REPEAT

RESTART

On wall 4 restart dance after 16 counts (cross, unwind a half turn left)
