

The Longyard

Compte: 32

Mur: 2

Niveau: Improver



Chorégraphe: Jan Wyllie (AUS)

Musique: Leave Him In The Longyard - Slim Dusty And Lee Kernaghan

STRUT FORWARD RIGHT, LEFT, RIGHT TOUCH HEEL DIAGONALLY FORWARD, WEAWE LEFT, ROCK RETURN

- 1&2& Strut forward right, left
- 3&4 Strut forward on right, touch left heel to left diagonal
- 5&6& Step left behind right, step right to right, step left across right, step right to right
- 7-8 Rock/step left behind right, rock/return weight forward onto right

& ROCK RETURN, & TOUCH UNWIND ½, QUICK ¼ PIVOT, QUICK ½ PIVOT

- &9-10 Step left slightly left, rock/step right behind left, rock/return weight forward onto left
- &11-12 Step right slightly right, touch left toe back, unwind ½ left taking weight forward onto left
- 13&14 Step forward on right, pivot ¼ left transferring weight to left, step forward on right
- 15&16 Step forward on left, pivot ½ right transferring weight to right, step forward on left

ROCK & ACROSS, ROCK & ACROSS, ROCK FORWARD & BACK, COASTER STEP, & ROCK FORWARD RETURN, & ROCK RETURN

- 17&18 Rock/step right to right, rock/return weight sideways onto left, step right across left
- 19&20 Rock/step left to left, rock/return weight sideways onto right, step left across right
- 21&22 Rock/step forward on right, rock back on left, step back on right
- 23&24 Step back on left, step right beside left, step forward on left

ROCK RETURN, & HEEL & HEEL, ¼ HEEL & HEEL, & STEP SCUFF

- 25-26 Rock/step forward on right, rock back on left
- &27 Step back on right, touch left heel forward
- &28 Step back on left, touch right heel forward
- &29 Making ¼ left step right beside left, touch left heel forward
- &30 Step left beside right, touch right heel forward
- &31-32 Step right beside left, step slightly forward on left, big scuff forward on right

REPEAT
