

A Long Goodbye

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Roger Steinberg (UK)

Musique: The Long Goodbye - Brooks & Dunn



ROCK FORWARD & RECOVER, ½ TURN RIGHT, SYNCOPATED CROSS, LONG STEP ONTO LEFT, DRAG RIGHT, CHASSIS LEFT

- 1-2 Rock forward right over left, recover onto left
- 3&4 ½ turn onto right and cross left over right, step right to right
- 5-6 Long step left to left, drag right to left
- 7&8 Chassis left (left, right, left)

CROSS ROCK RIGHT AND RECOVER, WHOLE SHUFFLE TURN RIGHT, ROCK & LEFT COASTER

- 1-2 Rock right across left, recover onto left
- 3&4 Turn ½ right onto right and ¼ turn right onto left, ¼ right onto right
- 5-6 Rock forward left, back onto right
- 7&8 Step back onto left, step right beside left, step forward onto left

ROCK FORWARD AND RECOVER, ¾ TURN RIGHT, JAZZ SHUFFLE

- 1-2 Rock forward right, back onto left
- 3&4 Turning right step ¼ right onto right, ¼ right onto left, ¼ right onto right
- 5-6 Cross left over right, step back onto right
- 7&8 Cha-cha on the spot left, right, left

ROCKING HORSE RIGHT, ROCK BACK SHUFFLE

- 1-2 Rock forward right, back left
- 3-4& Rock forward right, back left and back right
- 5-6 Back left, forward right
- 7&8 Shuffle back left, right, left

CROSS ROCK RIGHT, CROSS ROCK LEFT, SLIDE AND DRAG, KICK BALL RIGHT

- 1&2 Rock right to right and step onto left, cross right over left
- 3&4 Rock left to left and step right, rock left over right
- 5-6 Long slide right to right, drag left to right
- 7&8 Kick right, step on ball of right, step onto left

SHUFFLE RIGHT, WHOLE SHUFFLE TURN RIGHT, SHUFFLE LEFT, COASTER

- 1&2 Shuffle forward right, left, right
- 3&4 Turn ¼ right onto left, ½ turn right onto right, ¼ turn right onto left
- 5&6 Shuffle forward right, left, right
- 7&8 Step forward left and step right beside left, step back left

REPEAT
