

# Lonestar Strutting

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Hazel Morris (UK)

**Musique:** Lonestar - Norah Jones



**Dance starts immediately on vocals, no instrumental introduction (first heel strut may be missed!)**

## **RIGHT HEEL STRUT FORWARD, LEFT SIDE ROCK, LEFT HEEL STRUT FORWARD, RIGHT SIDE ROCK**

- 1-2 Step right heel forward, drop right toe
- 3-4 Rock left foot to left side, rock onto right in place
- 5-6 Step left heel forward, drop left toe
- 7-8 Rock right foot to right side, rock onto left in place

## **STEP ½ PIVOT LEFT, TWICE HEEL STRUTS FORWARD, STEP ½ PIVOT LEFT**

- 1-2 Step forward right, pivot half turn left
- 3-4 Step right heel forward, drop right toe
- 5-6 Step left heel forward, drop left toe
- 7-8 Step forward right, pivot half turn left

## **RIGHT SIDE ROCK, TOE STRUT CROSS, LEFT SIDE ROCK, TOE STRUT CROSS**

- 1-2 Rock right to right side, rock onto left in place
- 3-4 Step right toe across left, drop right heel
- 5-6 Rock left to left side, rock onto right in place
- 7-8 Step left toe across right, drop left heel

## **RIGHT SIDE ROCK, ¼ TURN LEFT, TWICE TOE STRUTS FORWARD, TOUCH RIGHT SIDE, HOLD**

- 1-2 Rock right to right side, rock onto left turning a quarter to left
- 3-4 Step right toe forward, drop right heel
- 5-6 Step left toe forward, drop left heel
- 7-8 Touch right toe to right side, hold

**REPEAT**

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