# Lonesome Fun

Niveau: Intermediate

Chorégraphe: Karl Cregeen (UK)

Musique: Lonely's Never Been So Much Fun - The Dean Brothers

#### Sequence: A,A,B,B,A,A,B

Compte: 0

#### SECTION A

#### **KICK BALL-CHANGE, SHUFFLE FORWARD**

- Kick forward with left foot, step down on the ball of the left as right foot lifts slightly off floor, 1&2 right foot steps in place
- 3&4 Shuffle forward left, right, left

#### **ROCK STEP & COASTER STEP**

- Step forward with right foot and rock forward 5
- 6 Rock back onto left foot
- 7&8 Step back with right foot, bring left in place next to right, step forward on right

#### 1/2 PIVOT TURN

- 9 Step forward on left foot
- 10 Turn <sup>1</sup>/<sub>2</sub> turn to the right (end with weight on right foot)

#### **KICK BALL-CHANGE, SHUFFLE FORWARD**

- 11&12 Kick forward with left foot, step down on the ball of the left as right foot lifts slightly off floor, right foot steps in place
- 13&14 Shuffle forward left, right, left

## **ROCK STEP & COASTER STEP**

- 15 Step forward with right foot and rock forward
- 16 Rock back onto left foot
- 17&18 Step back with right foot, bring left in place next to right, step forward on right

#### 1/2 PIVOT TURN

- 19 Step forward on left foot
- 20 Turn  $\frac{1}{2}$  turn to the right (end with weight on right foot)

The next step is similar to the figure eight grapevine in Cruisin' but with the addition of a syncopation step.

- SYNCOPATED TURNING GRAPEVINE
- 21 Step left to left side
- 22 Step right behind left
- &23 Step left to left and step right over left foot
- 24 Step left to left side
- 25 Step right behind left
- Step to left with left foot as you turn 1/4 left 26
- 27 Step forward on right foot
- Turn 1/2 turn to the left 28

#### SYNCOPATED TURNING GRAPEVINE

- 29 Step forward on right foot as you turn 1/4 left
- 30 Step with left foot behind right foot
- &31 Step right to right side, then left over right
- Step to right side with right 32
- 33 Step left behind the right





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- 34 Step to right with right foot as you turn ¼ right
- 35 Step forward on left foot
- 36 Turn ½ turn to the right

## FORWARD SHUFFLE & ½ PIVOT LEFT

- 37&38 Shuffle forward left, right, left
- 39 Step forward on right
- 40 Turn ½ turn to the left
- 41&42 Shuffle forward right, left, right
- 43 Step forward on left
- 44 Turn ½ turn to the right

# KICK BALL-CHANGE, STEP TURN

- 45&46 Kick forward with left foot, step down on the ball of the left as right foot lifts slightly off floor, right foot steps in place
- 47 Step forward on left foot as you turn ¼ right
- 48 Touch right next to left

# SIDE SHUFFLES & SYNCOPATIONS

- 49&50 Side shuffle to right side on right, left, right
- 51&52 Cross left behind right foot, step to right side with right foot, cross left in front of right foot
- 53&54 Touch right heel forward, step back on right foot, cross left over right foot
- 55-56 Unwind to the right (end with weight on left)

## SIDE SHUFFLES & SYNCOPATIONS

- 57&58 Side shuffle to right side on right, left, right
- 59&60 Cross left behind right foot, step to right side with right foot, cross left in front of right foot
- 61&62 Touch right heel forward, step back on right foot, cross left over right foot
- 63&64 Unwind to the right (weight on right)

# SECTION B

#### TWO ¼ PIVOT TURNS & JAZZ BOX

- 1 Step forward on left foot
- 2 Turn <sup>1</sup>/<sub>4</sub> to the right
- 3 Step forward on left foot
- 4 Turn ¼ to the right
- 5 Step with left foot over right
- 6 Step back with right foot
- 7 Step to left with left foot
- 8 Touch right in place

# SYNCOPATION & POSE

- 9&10 Touch right heel forward, step back on right, cross left over right
- 11-12 Touch right heel 45° to the right corner as you extend the arms either side of your body, palms down) (The pose step can be turned into a slide step to the side for the more energetic)

# COASTER STEP, STOMP & CLAP

- 13&14Step back on right foot, step in place next to right with left foot, step forward on right foot15Stomp left foot next to right (no weight)10Olar
- 16 Clap

# REPEAT