

Lonely Cha Cha (P)

Compte: 40

Mur: 1

Niveau: Beginner partner dance



Chorégraphe: Flo Reding (USA)

Musique: The Lonely - Robert A. Welch & Helen Reisen

Position: Begin in closed dance position

ROCK STEP, CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

- 1 **MAN:** Step forward on left foot
 LADY: Step back on right foot
- 2 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
- 3&4 **MAN:** Cha-cha back left-right-left
 LADY: Cha-cha forward right-left-right
- 5 **MAN:** Step back on right foot
 LADY: Step forward on left foot
- 6 **MAN:** Rock forward on left foot
 LADY: Rock back on right foot
- 7&8 **MAN:** Cha-cha forward right-left-right
 LADY: Cha-cha back left-right-left

ROCK STEP, WRAP, ROCK STEP UNWRAP

On first rock step couple begins double hand hold

- 9 **MAN:** Step forward on left foot
 LADY: Step back on right foot
- 10 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
- Man lifts lady's right hand and places her in wrap position at his right side**
- 11&12 **MAN:** Cha-cha in place wrapping lady right side left-right-left
 LADY: Lady makes left/2 turn to left on cha-cha-cha right-left-right
- 13 **MAN:** Step back on right foot
 LADY: Step back on left foot
- 14 Rock forward on left foot
 LADY: Rock forward on right foot
- 15&16 **MAN:** Cha-cha in place unwrapping lady right-left-right
 LADY: Lady makes left/2 turn to right on cha-cha left-right-left

ROCK STEPS, SHUFFLES, ROCK STEP SHUFFLES

- 17 **MAN:** Step forward on left foot
 LADY: Step back on right foot
- 18 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
- 19&20 **MAN:** Left lead shuffle back left-right-left
 LADY: Right lead shuffle forward right-left-right
- 21&22 **MAN:** Right lead shuffle back right-left-right
 LADY: Left lead shuffle forward left-right-left
- 23&24 **MAN:** Left lead shuffle back left-right-left
 LADY: Right lead shuffle forward right-left-right
- 25 **MAN:** Step back on right foot
 LADY: Step forward on left foot
- 26 Rock forward on left foot

27&28 **LADY:** Rock back on right foot
 MAN: Right lead shuffle forward right-left-right
 LADY: Left lead shuffle back left-right-left
29&30 **MAN:** Left lead shuffle forward left-right-left
 LADY: Right lead shuffle back right-left-right
31&32 **MAN:** Right lead shuffle forward
 LADY: Left lead shuffle back left-right-left

ROCK STEP, CHA-CHA-CHA, LADY TURNS, CHA-CHA-CHA

33 **MAN:** Step forward on left foot
 LADY: Step back on right foot
34 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
35&36 **MAN:** Cha-cha back left-right-left
 LADY: Cha-cha forward right-left-right

**Drop lady's left hand, man lifts his left hand and turns lady under the arm
Lady does full turn to the right on next two counts**

37 **MAN:** Step back on right foot
 LADY: Step on left foot
38 Rock forward on left foot
 LADY: Step on right foot
39&40 **MAN:** Cha-cha in place right-left-right and resume closed dance position
 LADY: Cha-cha in place left-right-left and resume closed dance position.

REPEAT
