

# Lonely

**Compte:** 36

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Moses Bourassa Jr. (USA) & Barbara Frechette (USA)

**Musique:** I May Hate Myself In the Morning - Lee Ann Womack



## STEP TOUCHES, RIGHT COASTER STEP

- 1 Step left forward on left angle
- 2 Step right next to left
- 3 Step left back to center
- 4 Touch right next to left
- 5&6 Step back on right, step back on left, scuff forward on right

## STEP TOUCHES, LEFT COASTER STEP

- 7 Step right forward on right angle
- 8 Step left next to right
- 9 Step right back to center
- 10 Touch left next to right
- 11&12 Step back on left, step back on right, step forward on left

## STEP TURNS, HOLD, ROCK STEP, RECOVER

- 13 Step forward on right making  $\frac{1}{2}$  to the left turn
- 14 Step left forward
- 15 Step right next to left making  $\frac{1}{4}$  to the left turn
- 16 Hold
- 17 Rock left to left side
- 18 Recover on right

## MODIFIED VINES, ROCK STEPS, RECOVERS, FORWARD SHUFFLE

- 19&20 Step left behind right, step right to right side, step left in front of right
- 21 Rock right to right side
- 22 Recover on left
- 23&24 Step right behind left, step left to left side, step right in front of left
  
- 25 Step back on left making  $\frac{1}{4}$  turn to the right
- 26 Touch right next to left
- 27&28 Step back on right, step back on left, step forward on right
- 29&30 Shuffle forward left, right, left
  
- 31 Rock right to right side
- 32 Recover on left
- 33&34 Step right behind left, step left to left side, touch right in front of left
- 35&36 Step right to right side, step left behind right, step right in front of left

## REPEAT

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