

Lonely

Compte: 32

Mur: 1

Niveau: Intermediate



Chorégraphe: Double D (UK) & Trags (UK)

Musique: Till All The Lonely's Gone - Nadine Somers

RIGHT CHASSE, LEFT CHASSE, BACK ROCK, ½ TURN STEP

- 1&2 Right chasse
- 3&4 Left chasse
- 5-6 Rock back on right, step forward on left
- 7-8 ½ turn over left shoulder stepping right, left

ROCK FORWARD BACK, CHASSE ¼ TURN, ROCK FORWARD BACK, STEP HITCH, STEP HITCH

- 9-10 Cross rock right over left, replace weight to left
- 11&12 Right chasse making ¼ turn to the right
- 13-14 Rock forward on left, replace weight to right
- 15&16& Step back on left, hitch right knee, step back on right, hitch left knee

LEFT SHUFFLE, RIGHT SHUFFLE, ROCK, ROCK, BODY ROLL

- 17&18 Shuffle forward stepping left, right, left
- 19&20 Shuffle forward stepping right, left, right
- 21-22 Rock weight to left side, rock weight to right side
- 23-24 Body roll, rolling weight from hips to shoulders

¼ TURN SHUFFLE, ½ TURN SHUFFLE, WALK BACK LEFT RIGHT, FORWARD SHUFFLE

- 25&26 ¼ turn to left, forward shuffle stepping left right left
- 27&28 ½ turn over left shoulder, shuffle back stepping right left right
- 29-30 Walk back on left right
- 31&32 Forward shuffle stepping left right left

REPEAT

TAG

To be danced following 1st, 4th and 8th sequence:

FORWARD BACK TOGETHER, BACK FORWARD TOGETHER, ROCK FORWARD, ROCK BACK

- 1&2 Rock forward on right, step back on left, step right next to left
 - 3&4 Rock back on left, step forward on right, step left next to right
 - 5-6 Rock forward on right, replace weight to left
 - 7-8 Rock back on right, replace weight to left
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