

Lola's Dance

Compte: 40

Mur: 4

Niveau: Intermediate



Chorégraphe: Karen Jackson

Musique: Lola's Theme - The Shapeshifters

KICK BALL CHANGE, WALK, WALK, ROCK & TURN, FULL TURN

- 1&2 Kick right foot forward, step on right, step on left
- 3-4 Walk forward right, walk forward left
- 5&6 Rock forward onto right, recover weight left, turn ½ over right shoulder stepping on right
- 7-8 Full turn forward to right stepping left, right

SIDE SWITCHES, STEP TOUCH, ROLL, CHASSE

- 1&2& Touch left to left side, recover, touch right to right side, bring right to center
- 3-4 Step left to left side, touch right next to left
- 5-6 Roll to right stepping right, left
- 7&8 Right chasse

CROSS ROCK, CHASSE ¼ TURN LEFT, SHUFFLE FORWARD, ROCK RECOVER

- 1-2 Cross rock left over right, recover weight right
- 3&4 Chasse ¼ left
- 5-6 Right shuffle forward
- 7-8 Rock forward left, recover weight right

¾ TURN, SAILOR STEP, SAILOR TURN, WALK, WALK

- 1-2 Step back on left, starting ¾ turn over left shoulder, step right finishing turn
- 3&4 Left sailor step
- 5&6 Right sailor step turning ¼ turn right
- 7-8 Walk forward left, walk forward right

KICK & POINT, KICK & POINT, TOE TURN, STEP TURN

- 1&2 Kick left, point right to right side
- 3&4 Kick right, point right to right side
- 5-6 Touch left toe behind, turn ½ turn over left shoulder (weight stays on left)
- 7-8 Step forward right, pivot ½ turn left

REPEAT
